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Title: AN INTEGRATED STRATEGY TO CORRELATE AGGREGATION STATE, STRUCTURE AND TOXICITY OF A β 1-42 OLIGOMERS.

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Keywords: Alzheimer's disease; Capillary electrophoresis; A β 1-42; A β oligomers; Sample preparation; Fourier transform infrared spectroscopy.

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Abstract: Despite great efforts, it is not known which oligomeric population of amyloid beta (A β) peptides is the main neurotoxic mediator in Alzheimer's disease. In vitro and in vivo experiments are challenging, mainly because of the high aggregation tendency of A β (in particular of A β 1-42 peptide), as well as because of the dynamic and non covalent nature of the prefibrillar aggregates. As a step forward in these studies, an analytical platform is here proposed for the identification and characterization of A β 1-42 oligomeric populations resulting from three different sample preparation protocols. To preserve the transient nature of aggregates, capillary electrophoresis is employed for monitoring the oligomerization process in solution until fibril precipitation, which is probed by transmission electron microscopy. Based on characterization studies by ultrafiltration and SDS-PAGE/Western Blot, we find that low molecular weight oligomers build up over time and form bigger aggregates (> dodecamers) and that the kinetics strongly depends on sample preparations. The use of phosphate buffer results to be more aggregating, since trimers are the smallest species found in solution, whereas monomers and dimers are obtained by solubilizing A β 1-42 in a basic mixture. For the first time, attenuated total reflection-Fourier transform infrared spectroscopy is used to assign secondary structure to the separated oligomers. Random coil and/or α -helix are most abundant in smaller species, whereas β -sheet is the predominant conformation in bigger aggregates, which in turn are demonstrated to be responsible for A β 1-42 toxicity.

Talanta
Editor-in-Chief for Europe
Prof Jean-Michel Kauffmann

Dear Prof Kauffmann,
please find here our manuscript entitled

AN INTEGRATED STRATEGY TO CORRELATE AGGREGATION STATE, STRUCTURE AND TOXICITY OF A β 1-42 OLIGOMERS.

by myself and Federica Bisceglia, Antonino Natalello, Melania Maria Serafini , Raffaella Colombo, Laura Verga and Cristina Lanni

The paper is unpublished and has not been submitted for publication elsewhere.

Despite great efforts, it is not known which oligomeric population of amyloid beta (A β) peptides is the main neurotoxic mediator in Alzheimer's disease and in particular the relationship between size, structure and toxicity of A β 42 oligomers remains unclear.

As a step forward in these studies (including our pioneering work published in 2004), a standardised analytical platform is here proposed for the identification and characterization of A β 1-42 oligomeric populations resulting from three different sample preparation protocols.

The methods and techniques employed include capillary electrophoresis, transmission electron microscopy, SDS-PAGE/Western Blot, ultrafiltration, attenuated total reflection-Fourier transform infrared spectroscopy and cell toxicity studies.

Particular attention has been paid to: the reproducibility of sample preparation protocols, the sample solubility and supplier-to supplier variability, the reproducibility of analytical data, the dynamic equilibria in solution, the assignment of size, secondary structure and toxicity to the capillary electrophoresis-separated oligomers.

A substantial improvement and advantage over existing methods is here reported and the applicability of the analytical methods is of interest to a wide scientific community.

We hope that the manuscript is suitable for publication in Talanta.

On behalf of myself and my co-authors I look forward to hearing from you

Sincerely

Prof. Ersilia De Lorenzi



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Questions have been arbitrarily numbered for the sake of clarity.

Pages and lines refer to the Word new version of the manuscript

Reviewer #1:

This is interesting work on the important topic of characterising amyloid-beta (Ab) oligomers of different sizes. These were obtained from different suppliers, prepared by different protocols and studied with a number of techniques. It is found that the oligomer distribution depends on the preparation protocol and that oligomers of different sizes have different FTIR spectra. My comments are as follows:

1) Some abbreviations are not explained: EOF, SD, DAD.

The abbreviations have been added in text: EOF P1 L33 and P6 L171, DAD P6 L 158, SD P8 L243.

2) P5 L53, the statement that the samples were not centrifuged seems to be in contrast with the use of ultrafiltration.

We intended to avoid mechanical stress at the beginning of the aggregation process. This has been added in text (P5 L151,152).

Ultrafiltration is instead performed at different elapsed times from solubilization, when oligomers are formed. The comparison of retained/filtrated peaks with those of non filtrated peptide confirms that the process does not induce mechanical stress.

3) P10 L5ff and Fig. 1, are the traces shown in Fig. 1 averages from 5 experiments, or are they from individual experiments?

Electropherograms reported in figures are representative of one out of five independent experiments (n=5). To make this clearer it was added both in text (P9 L275) and in captions (Figure 1,2,3).

The unit of effective mobility should be given in Fig. 1.

As suggested by the reviewer, the unit of mobility ($\text{cm}^2\text{V}^{-1}\text{s}^{-1}$) has been added both in text (P6 L173-174) and in tables included in Figure 1 and 3.

Data for only 7 time points are shown although 10 time points were collected. Why?

A selection of traces was made to simplify the figure.

4) P11 L5 and Fig. S3b, there is no spectrum in the inset.

As now indicated, the inset of Figure S3b) reports the UV spectrum taken at the apex of peak C (time: 10.187 min).

5) P12 L1 and Fig. S4, why do all species disappear with time?

As already mentioned in text (P11 L322-324) the "disappearance of peaks" or the absence of peaks in the electropherograms is reasonably ascribed to insoluble

material that precipitates at the bottom of the vial and thus is not injected (P10 L 295-297). As already discussed in text, the simultaneous precipitation of formed species in this particular case would be consistent with the observation of lack of equilibrium between formed species (as opposed to the sequential precipitation when equilibrium is observed).

6) P12 L36, what is the evidence for fibrils in the t0 sample?

We think that the legend to Figures is already clear. Nevertheless, to make clearer that the TEM image refers to fibrils at t0, the sentence in text (P12 L372-373) was rephrased as follows:

“In Figure 3a) it is clear that at t0 the sample already includes at least three main electrophoretic peaks as well as amyloid fibrils, which are observed by TEM. ”

7) P12 L43, the mobilities of peak 1 and peak A are very similar, so I would not state that they are different.

We agree with the reviewer on this comment confined to peak A and 1 mobilities. The sentence has been rephrased as follows (P 12 L 377-380):

“In Figure 3a), mobilities are calculated as average of 5 independent experiments using three peptide batches from the same supplier. Effective mobilities are statistically different from those reported in Figure 1a), except for those of the fastest migrating peak, where values fall within the experimental errors, equal to two times the standard deviation [45]. However, they are labelled as peak 1, 2 and 3.”

The new reference has been added as ref [45].

8) P12 L51 and throughout text, presence or absence of a dynamic equilibrium is mentioned at several places without giving evidence for the statement. Throughout the experiment, the sample is not in equilibrium because aggregation is ongoing.

We confine the term dynamic equilibrium (as we did in refs [21, 26-28]) to the detected population of soluble oligomers which is depleted to build up larger oligomers, as evident from graphs in the Figures.

9) P13 L1, there seems to be an apparent contradiction between the statement that Ab42 oligomers are soluble for one month and the statement that the t0 sample contained fibrils.

We would like to point out that there is no contradiction, only soluble material is injected in CE and this does not exclude the presence of fibrils at the bottom of the anodic vial, where injection takes place. This was already clearly reported at P10 L293-298: “Transmission electron microscopy (TEM) image taken at t0 in Figure 1a), representative of three independent experiments, reveals that also fibrils are present

in this sample: as the solution is neither stirred nor centrifuged before analysis, it is likely that they are sedimented at the bottom of the anodic vial and thus they are not injected into the capillary, as confirmed by the absence of spikes in the electropherogram. Since oligomers and fibrils are at equilibrium in the brain [9] this protocol better mimics in vivo conditions, as compared to protocols that force the apparent formation of monomers [22]."

10) P13 L24, explain why precipitation is concluded from the flat CE trace in Fig. S5 of the Bachem sample.

For the explanation required TEM image of fibrils at t30 min is added to Figure S5 and the sentence at P13 L402-404 has been rephrased as follows:

"Conversely, when A β 42 provided by Bachem is solubilized by following protocol #1, precipitation occurs after 30 minutes from t₀, when soluble species are not detected, the sample is visibly cloudy and TEM analysis shows fibrils (Figure S5)."

11) P14 L14-29, peak C is retained by 100 kDa filtration, so the corresponding aggregates should be larger than 100 kDa in contrast to what is said in the text.

To clarify this statement, the comment to Fig 4a (100kDa UF) has been edited (P14 L 428-434).

Within the range of the broad peak B there are two sharp peaks in the CE trace of the retained solution after 100 kDa filtration. What are these?

Most peptide is filtrated, therefore the retained portion is negligible (Fig.4a). As generally declared in text when introducing these membranes (P14 L419-422) "the amount found in the retained solution can partly be constituted by aggregated peptide adsorbed on the filter and not necessarily retained in virtue of its size". This can be well the case when the retained portion is negligible.

Peak 3 is neither present in the retained nor filtrated volume when the 100 kDa membrane is used. Please comment.

Once again, (bearing in mind P14 L419-422) in this case the low recovery of filtrated peptide migrating under peak 3 (Figure 4a) is more reliable than the low recovery of retained peptide under peak B-C (Figure 4a). It is assumed that part of the peptide is entrapped in the filter. This comment has been added to the text (P14 L434-436).

The last sentence in this paragraph has a logical problem, first it is said that the same conclusions were obtained with ultrafiltration as before, then that some observations can only be done with CE.

We agree that here the sentence is not clear and for this reason it was misunderstood by the reviewer. What it was intended here is: 1. that the presence of monomers and dimers, as demonstrated in [20], is confirmed; 2. that a long-time monitoring of small oligomers has been described only in this paper, by using CE.

The sentence "By simple ultrafiltration experiments the same conclusions as derived by [20] are obtained; notably, that small oligomers are detected and accurately monitored in solution for weeks is appreciated by CE only."

has been rephrased as follows (P14 L440-442):

"By simple ultrafiltration experiments the presence of monomers and dimers in solution, as demonstrated in [20], is confirmed. It is valuable that in this work the presence of soluble A β oligomers is monitored for much longer time.

12) P15 L25, good to have solution FTIR spectra also!

We are pleased that the reviewer appreciates.

13) P15 L33-39, time is missing for some of the beta sheet contents.

Time has been added both in text (P14 L 449, P15 L 465-466), in Figures 5, S6, S7 and to relative captions.

14) P15 L44, the last half sentence is unclear and probably unnecessary.

We agree with the reviewer. The last half sentence has been deleted (P16 L485-486).

15) Fig. 1 lacks annotation of the horizontal axis.

We apologise for this oversight. Annotation has been added to Figures 1 and 3.

Reviewer #2:

In this paper, the authors described the development of multiple approaches to study Amyloid beta 1-42 aggregation, structure and toxicity.

The overall strategy and the analytical protocol are well described; the observations are critically discussed regarding the existing literature. This research topic is very controversial because it is very difficult to make the difference between information coming from the original sample and the artifact caused by the sample preparation and/or the analytical method. This is why an integrated approach, as described here, is a good practice, even if it is not yet perfect.

I have some questions and concerns about the work:

1) how the authors could explain the big differences between the oligomeric forms observed in the CE conditions of Figure 1 (Peak A, B and C) versus Figure 3 (Peak 1, 2 and 3)?

As stated at P3 L81-82 it is known that "Each specific solubilization protocol (different solvents, peptide concentrations, incubation time and temperature) leads to different oligomeric species [11, 12]". In our work different sample preparation protocols are selected to finely tune aggregation and lead to different oligomeric populations.

2) some peak tailing (Figures 1, 2 and 3) seems to indicate that interactions with the capillary wall occur, could those unwanted interactions, as well as the application of a strong voltage during separation, influence the oligomerization/aggregation kinetic?

In particular in Figures 1 and 3 (that contain data used for characterization) we do not see a strong peak tailing. Further, the excellent RSDs obtained, the absence of spikes and the stable current rule out unwanted interactions with the capillary wall (P10 L 280-282). This comment has been added in text (P10 L283).

For this reason we did not use a coated capillary.

As far as the strong voltage, we already addressed this issue in [21]. In this work the same current as in our previous works [21, 26] was kept, thus we draw the same conclusion as in [21], where we demonstrate that the electric field does not influence the strength of the noncovalent intermolecular interactions that sustain the peptide oligomerization.

This observation has been now added in text at P9 L263-265. Ref [26] has been added.

3) the fluctuation of normalized peak areas in Figure 1B (peaks B and C) with the time is difficult to understand and the hypothesis provided is not convincing at all (aggregation kinetic versus experimental time points as well as peak shape of peak B and C)

However difficult it may be to understand, this is what we indeed observe for 5 independent experiments, for which we produce SD of normalized peak areas. At P11 L319-324 we comment the puzzling peak shape of peak C and we produce pieces of evidence to rule out that this peak may be an electric spike.

4) the peptide concentration is really high compared to what can be expected in vivo; this also may have a significant impact on oligomerization process.

It is well known that kinetics of aggregation is strictly dependent on several factors, including peptide concentration. In general, the higher the peptide concentration the faster the aggregation kinetics. In this work, the concentrations used are comparable to those used by many authors for in vitro A β aggregation experiments. See, as examples refs already included in reference list [15, 20, 37].

5) could the first peak observed in Figures 1 and 2 considered as the monomeric form?

No, as evident from UF results in Figure 4d), relevant to peaks observed in Figure 1. As far as Figure 2, no characterization was carried out as already explained in text (P12 L353-355).

6) it is not clear what the UV spectrum can bring to the analysis.

The UV absorbance rules out the assignment of an electric spike to this sharp peak. A similar spectrum is obtained for all other peaks present in the electropherograms (data not shown).

See also reply on DAD spectrum to reviewer #1. The sentence at P11 L321-322 has been completed.

7) variability between batches and between providers seems to be very important. How can it be explained on a small amyloid peptide.

This is an enormous issue that it is often underestimated or disregarded, as already pointed out in text. The only scope of this manuscript is to bring it to light. We do not attempt any explanation, as so far it is difficult to find a rule among the variabilities observed. Constant communication with suppliers does not help.

8) viability test (MTT test) realized with the different fractions bigger or lower than 50 kDa are very interesting but did the authors stimulated the cells with the same peptide concentration in all conditions?

As already reported at P8 L243 "...cells were exposed to approximately 10 μ M entire A β 42 peptide (prepared according to protocol #3) for 24 h at 37°C or to filtrated and retained solutions obtained after ultrafiltration experiments..". As already reported

at P10 L308-310 "Because standards are not available, a quantitative evaluation of the oligomers observed in CE is intrinsically inaccessible."

At P6 L179-182 it is already reported that 50kDa membranes reverse spinning is feasible and therefore recovery of the retained portion is more reliable (Figure 4b).

In our opinion these statements altogether make the reply to this question

Are the replicates independent?

Yes, the replicates are independent, as already reported at P8 L244.

Indeed, SD are anomaly small.

It might not have been resulted clear that we expressed precision with standard error of means (SEM) in Figure 6 and with means \pm SD in text. To avoid any misunderstanding, we now produce precision data as mean \pm SD both in text (P16 L497, 502), Figure 6 and its caption.

*Novelty Statement

As compared with previous work, this manuscript focuses on the effect that different A β 42 sample preparation protocols have on the formation of assemblies in solution; experimental conditions are finely tuned so to considerably extend the time window over which these oligomers are soluble and to obtain unprecedented reproducible results.

Not only does this approach enable an easier isolation of the separated species by ultrafiltration and the assignment of their cell toxicity, but also it makes possible for the first time an independent analysis of the secondary structure of the same species by ATR-FTIR.

Finally, it is shown how a simple CE analysis of A β 42 can shed light on a crucial issue whose importance is hardly ever addressed: peptide batch-to-batch and supplier-to-supplier reproducibility.

*Highlights (for review)

- A β oligomers are identified and characterized by a standardized analytical platform
- CE provides information on the reproducibility of A β 42 sample preparation protocols
- ATR-FTIR corroborates characterization performed in solution by ultrafiltration
- Monomers up to hexamers of A β 42 are not toxic
- CE detects supplier-to-supplier variability of A β 42 aggregation

1 **AN INTEGRATED STRATEGY TO CORRELATE AGGREGATION STATE, STRUCTURE AND TOXICITY OF**
2 **A β 1-42 OLIGOMERS.**

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35 21 ***Keywords:*** Alzheimer's disease; Capillary electrophoresis; A β 1-42; A β oligomers; Sample preparation;
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37 22 Fourier transform infrared spectroscopy.
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53 31 ***Abbreviations:*** A β , Amyloid-beta; A β 42, A β 1-42; CE, capillary electrophoresis; AD, Alzheimer's disease;
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55 32 TEM, transmission electron microscopy; ATR-FTIR, Attenuated total reflection-Fourier transform infrared;
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57 33 FSD, Fourier self deconvolution; EOF, electroosmotic flow.
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ABSTRACT

Despite great efforts, it is not known which oligomeric population of amyloid beta (A β) peptides is the main neurotoxic mediator in Alzheimer's disease. *In vitro* and *in vivo* experiments are challenging, mainly because of the high aggregation tendency of A β (in particular of A β 1-42 peptide), as well as because of the dynamic and non covalent nature of the prefibrillar aggregates. As a step forward in these studies, an analytical platform is here proposed for the identification and characterization of A β 1-42 oligomeric populations resulting from three different sample preparation protocols. To preserve the transient nature of aggregates, capillary electrophoresis is employed for monitoring the oligomerization process in solution until fibril precipitation, which is probed by transmission electron microscopy. Based on characterization studies by ultrafiltration and SDS-PAGE/Western Blot, we find that low molecular weight oligomers build up over time and form bigger aggregates (> dodecamers) and that the kinetics strongly depends on sample preparations. The use of phosphate buffer results to be more aggregating, since trimers are the smallest species found in solution, whereas monomers and dimers are obtained by solubilizing A β 1-42 in a basic mixture. For the first time, attenuated total reflection-Fourier transform infrared spectroscopy is used to assign secondary structure to the separated oligomers. Random coil and/or α -helix are most abundant in smaller species, whereas β -sheet is the predominant conformation in bigger aggregates, which in turn are demonstrated to be responsible for A β 1-42 toxicity.

55 **1. INTRODUCTION**

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36 It is estimated that more than 30 million people worldwide suffer from Alzheimer’s disease (AD) [1]. The
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57 evidence that different molecular pathways are involved in neurodegeneration makes AD a multifactorial
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58 disease [2] and this explains the difficulties in defining the aetiology and in discovering effective treatments
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59 [1, 3]. Among many factors, it is now well established that the soluble aggregates of amyloid-beta (A β)
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60 protein play a crucial role in the onset of the disease and therefore studying their self-assembly is the focus
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61 of intense research. A β protein is a family of peptides that ranges from 36 to 43 amino acids and derives
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62 from the proteolytic cleavage of the amyloid precursor protein (APP) [4]. Unfolded or partially folded A β
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63 monomers interact through a nucleation-elongation process to form small oligomers and nuclei that rapidly
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64 lead to larger aggregates and then to fibrillar forms [5, 6]. In turn, the insoluble amyloid fibrils deposit in
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65 the brain as extracellular amyloid plaques which represent one of the two hallmarks of AD, together with
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66 neurotangles of hyperphosphorylated tau protein [1, 5]. In the last two decades the soluble pre-fibrillar
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67 oligomers of A β peptides have been recognised as the principal neurotoxic mediators which lead to
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68 detrimental effects on the AD brain [3, 7, 8]. Despite significant efforts, the structure of these A β oligomers,
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69 the understanding at the molecular level of their aggregation process, the exact mechanism of oligomer-
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70 induced toxicity as well as the accurate identification of the neurotoxic oligomeric species, remain elusive.
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71 Intrinsic limitations in investigating A β oligomers are mainly related to their peculiar nature: they consist of
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72 heterogeneous populations of polymorphic, non-covalent and transiently populated aggregates generated
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73 by multiple pathways. This is true especially for A β 1-42 (A β 42), which is the most amyloidogenic and toxic
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74 among the A β peptides [3, 8, 9].
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75 Important progress has been made through *ex vivo* and *in vitro* studies performed either with AD brain-
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76 derived oligomers or synthetic peptides. Because of the target organ of amyloid aggregates, the availability
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77 of brain-derived species is clearly restricted and *ex vivo* studies are difficult to approach [9, 10]. In principle,
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78 by using synthetic peptides a strict control of the starting material and a modulation of the aggregation
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79 process could be achieved, even if exact physiological conditions cannot be replicated. On the other hand,
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80 because of their high aggregation tendency, and in particular that of A β 42, a fine tuning of the oligomer
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81 formation and kinetics is challenging. Each specific solubilization protocol (different solvents, peptide
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82 concentrations, incubation time and temperature) leads to different oligomeric species [11, 12]. Notably,
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83 authors very often claim the presence in solution of aggregates of defined size on the basis of previous
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84 literature data that report the same or similar sample preparation. In this specific context it is easy to make
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85 wrong assumptions, also because synthetic peptides are characterized by extreme variability including
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86 supplier-to-supplier and batch-to-batch, an issue that is rarely addressed [13]. These limitations, together
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87 with the complex dynamic equilibrium existing among A β species contribute to the widespread and
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88 controversial literature on A β oligomers [3, 9].
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89 Complementary information on the isolation and size estimation of A β aggregates and the related toxicity
90 has been achieved over the years by multiple techniques such as SDS-PAGE [8, 14] size exclusion
91 chromatography (SEC) [15], dynamic and multiangle light scattering (DLS and MALS) [15, 16], microscopy
92 [5], mass spectrometry [17], NMR spectroscopy and X-ray crystallography [18]. Each technique is not
93 devoid of limitations and drawbacks. These are mainly related to the non covalent and dynamic nature of
94 A β oligomers and to the ability of a technique to provide information on small and large oligomers with an
95 equivalent accuracy. For example, DLS and MALS can not intrinsically separate different oligomeric
96 populations for independent characterization [3, 10]; fluorescence-based detectors require non-native
97 labelled peptides that may alter the oligomerization kinetics [19]; both MALDI and ESI ionization sources
98 may induce oligomer dissociation[20]. Some authors successfully stabilized the transient nature of
99 oligomers by photo-induced cross-linking, to analyze the resulting “frozen” oligomers by SEC or SDS-PAGE
100 [8]. While this procedure overcomes the dissociation induced by e.g. SDS-PAGE, it also implies that
101 oligomers do not exactly mirror the native state in solution.

102 The use of capillary electrophoresis (CE) with UV detection to monitor *in vitro* A β oligomer formation was
103 pioneered by our group [21]. CE works in free solution and in the absence of a stationary phase or
104 chaotropic agents, thus it preserves the native oligomeric structure and provides a real time snapshot of
105 different soluble and unlabelled A β assemblies during their formation.

106 Over the years CE-UV was employed to detect and separate soluble oligomeric species of A β peptides
107 ranging from monomers [22-25] to aggregates larger than dodecamers [21, 22, 26-28]. To provide oligomer
108 size characterization, CE separation was also used concurrently with Taylor dispersion analysis [22],
109 ultrafiltration [21, 26-28], MALDI-TOF [25] and very recently electrospray differential mobility analysis [23].
110 In these works the CE separation is limited to two main oligomeric populations that are rapidly precipitating
111 and for which a dynamic equilibrium is often not demonstrated. Here instead we initially focus on the
112 effect that different A β 42 sample preparation protocols have on the formation of assemblies in solution;
113 experimental conditions are finely tuned so to obtain and separate by CE as many oligomeric populations
114 as possible and to considerably extend the time window over which these oligomers are soluble. Not only
115 does this approach enable an easier isolation of the separated species by ultrafiltration and the assignment
116 of their cell toxicity, but also it makes possible for the first time an independent analysis of their secondary
117 structure by attenuated total reflection-Fourier transform infrared (ATR-FTIR) spectroscopy. Finally, it is
118 shown how a simple CE analysis of A β 42 can shed light on a crucial issue whose importance is hardly ever
119 addressed: peptide batch-to-batch and supplier-to-supplier reproducibility.

122 2. MATERIALS AND METHODS

123 2.1 Materials

124 Synthetic A β 42 (MW 4514.10 Da) was purchased as lyophilized powder from Anaspec (Fremont, CA, USA),
125 (purity \geq 95%; lots #1556608, #1556609, #1457203) and Bachem (Bubendorf, Switzerland), (purity \geq 95%;
126 lots #10533163, #1065556, #1056654) and stored at -20°C. 1,1,1,3,3,3-Hexafluoropropan-2-ol (HFIP),
127 dimethylsulfoxide (DMSO), acetonitrile (ACN), and sodium carbonate were from Sigma-Aldrich (St. Louis,
128 MO, USA). Sodium hydroxide and sodium dodecyl sulphate (SDS) were provided by Merck (Darmstadt,
129 Germany). Na₂HPO₄ and NaH₂PO₄, supplied by Sigma-Aldrich, were used for the preparation of the
130 background electrolyte (BGE) in the CE analyses. BGE solutions were prepared daily using Millipore Direct-
131 Q™ deionized water (Bedford, MA, USA) and filtered with 0.45 μ m Sartorius membrane filters (Göttingen,
132 Germany).

133 Ultrafiltration devices (10, 30 and 100 kDa cutoff) were purchased from Pall Corporation (New York, NY,
134 USA), whereas 50 kDa cutoff membranes were from Millipore (Billerica, MA, USA).

135 The 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl-tetrazolium bromide (MTT) and phosphate buffered saline
136 (PBS) employed in the cell viability assay were supplied by Sigma-Aldrich.

137 2.2 Solubilization protocols

138 A β 42 oligomers were prepared by following three different solubilization protocols.

139 Protocol #1: A β 42 (Anaspec) was solubilized in HFIP (1 mg/mL, \sim 221 μ M). The stock solution was gently
140 mixed and then kept for 30 minutes at 4°C, aliquoted in microfuge tubes and lyophilized via Speed-Vac.
141 Then A β 42 aliquots were redissolved in 20 mM Na₂HPO₄/NaH₂PO₄, pH 7.4.

142 Protocol #2: A β 42 (Anaspec) aliquots were prepared as in #1 and then redissolved in DMSO/20 mM
143 phosphate buffer (pH 7.4) at increasing concentrations of DMSO.

144 Protocol #3: A β 42 (Bachem) was prepared as described by Bartolini *et al* [29]. Briefly, the peptide was
145 solubilized in HFIP (149 μ M) and kept at room temperature overnight. The stock solution was aliquoted in
146 microfuge tubes and kept at room temperature for one day, then HFIP was left to evaporate overnight. The
147 resulting peptide film was redissolved to obtain 500 μ M A β 42: the redissolution mixture consisted of
148 ACN/300 μ M Na₂CO₃/250 mM NaOH (48.3:48.3:3.4, v/v/v). The final peptide solution (100 μ M) was
149 obtained by the dilution of 500 μ M A β 42 with 20mM Na₂HPO₄/NaH₂PO₄ (pH=7.4).

150 For all protocols final solutions were not centrifuged, to avoid mechanical stress **at the beginning of the**
151 **aggregation process.**

154 2.3 Capillary electrophoresis and ultrafiltration

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155 A β 42 samples were analyzed by CE at different elapsed times from t₀, where t₀ is defined as the time when
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156 the HFIP-lyophilized peptide is redissolved.

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157 CE analyses were performed on an Agilent Technologies 3D CE system (Waldbronn, Germany) equipped
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158 with a diode-array detector (DAD) set at $\lambda=200$ nm. Data were collected using Chemstation A.10.02
8
159 software.

10
160 In the present work, two CE methods (A and B) were applied. Uncoated fused-silica capillaries provided by
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161 Polymicro Technologies (Phoenix, AZ, USA) were pretreated by flushing 1 M NaOH, deionized water and
14
162 BGE (80 mM sodium phosphate buffer, pH=7.4) for 60 min, 60 min and 90 min (method A), or for 30 min,
15
163 30 min and 60 min (method B), respectively. BGE was prepared by mixing 80 mM solutions of Na₂HPO₄ and
17
164 NaH₂PO₄ in order to obtain the desired pH.

19
165 In method A [28] the analytical separation was carried out at 16 kV (current: 75-80 μ A) on a capillary of 53
21
166 cm of total length (L=53 cm, l=44.5 cm). Samples were hydrodynamically injected by applying 50 mbar for 8
22
167 s. In method B, a capillary of L=33 cm, l= 24.5 cm was used; the applied voltage was 12 kV (current 75-80
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168 μ A) and hydrodynamic injection parameters were set at 30 mbar for 3 s. For both methods the capillary
26
169 temperature was 25°C and the between-run rinsing cycle consisted of 50 mM SDS (1.5 min), deionized
28
170 water (1.5 min), and BGE (2 min).

30
171 The electroosmotic flow (EOF) is easily measured as a perturbation of the baseline given by solvents used
31
172 for the redissolution of the lyophilized A β 42 aliquots and thus it is considered as a reliable noninteracting
33
173 marker. The effective mobilities (μ_{eff} , cm²V⁻¹s⁻¹) of each peak are calculated by subtracting the contribute of
35
174 the EOF (μ_{EOF}) from the apparent mobility (μ_{app} , cm²V⁻¹s⁻¹). Semiquantitative analyses were performed
37
175 based on the normalized area % [30]. A β 42 peptide solutions were ultrafiltrated on devices at different
38
176 elapsed times from t₀ and the resulting filtrated and retained solutions were analyzed by CE. Ultrafiltration
40
177 experiments were carried out in triplicate and by applying the best experimental conditions for each type
42
178 of membrane, as suggested by suppliers: 14000 g for 10 minutes with 10, 30, and 100 kDa cutoff
44
179 membranes and 60 minutes with 50 kDa cutoff membranes. In order to obtain enough volume of the
46
180 retained solutions and to approximately restore the original concentration, a volume of 20 mM phosphate
47
181 buffer (pH 7.4), equal to that of the ultrafiltrated sample, was added to the retained portion that was
49
182 recovered by reverse spinning (14000 g, 5 minutes, for 50 kDa membrane). For 10, 30 and 100 kDa devices,
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183 since the reverse spinning is not intrinsically possible because of their geometry, the retained portion was
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184 recovered by using a micropipette.

55
185 Appropriate quantification of the retained sample amount is clearly not possible. However, the comparison
56
186 of the electropherograms obtained before and after ultrafiltration was used to verify that the
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187 concentrations of the injected species were qualitatively comparable.

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189 2.4 Transmission electron microscopy

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190 Precipitated samples were fixed on carbon-coated Formvar nickel grids (200 mesh) (Electron Microscopy
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191 Sciences, Washington, PA, USA). A β 42 suspensions were diluted to 10 μ M with 20 mM phosphate buffer
5
192 (pH 7.4). Ten μ L suspension were left to sediment on grids; after 15 minutes the excess of sample was
7
193 drained off by means of a filter paper. The negative staining was performed with 10 μ L of 2% w/v uranyl
8
194 acetate solution (Electron Microscopy Sciences). Sample investigations were carried out in triplicate by
10
195 using a JEOL JEM 1400-Plus electron microscope, operating at 80 kV (Peabody, MA, USA).

196 197 2.5 Fourier Transform Infrared spectroscopy

17
198 Structural properties of A β 42 solubilized by protocol #1 and protocol #3 and those of filtrated and retained
19
199 solutions on 50 kDa cutoff membrane were analyzed by FTIR measurements in attenuated total reflection
20
200 (ATR) [31-34]. For these analyses, 2 μ L of each sample were deposited on the single reflection diamond
21
201 crystal of the ATR device (Quest ATR, Specac, Orpington, UK). In order to obtain a hydrated peptide film,
24
202 samples were dried [31] at room temperature. The ATR-FTIR spectra of the hydrated films were recorded by
26
203 a Varian 670-IR spectrometer (Varian Australia Pty Ltd, Mulgrave VIC, Australia), which was continuously
28
204 purged with dried air. Conditions applied were: 2 cm^{-1} resolution, scan speed of 25 kHz, 1000 scan
29
205 coadditions, triangular apodization, and a nitrogen-cooled Mercury Cadmium Telluride detector [34]. The
31
206 measured spectra were normalized at the area of the Amide I band (around 1700-1600 cm^{-1}) to
33
207 compensate for possible differences in the peptide content. Fourier self deconvolution (FSD) was obtained
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208 with a full width at half height of 13.33 cm^{-1} and a resolution enhancement factor $K = 1.5$. Spectral
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209 collection, the FSD and the second derivative analyses [33] were performed using the Resolutions-Pro
38
210 software (Varian Australia Pty Ltd). The evaluation of the peptide secondary structures was obtained by
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211 curve-fitting of the FSD spectra in the Amide I spectral region [31, 33]. Because the result of this procedure
42
212 is not unique, the selection of the input parameter is very important. Here a linear baseline was employed
44
213 and the number and peak position of the initial components were taken from the second derivative and
45
214 FSD spectra. Curve-fitting was performed by leaving the initial parameters (baseline, peak position, band
47
215 width, and band intensity) free to adjust iteratively with the only exception of the two Amide I components
49
216 assigned to β -sheet structures (around 1633-1628 cm^{-1} and around 1695-1692 cm^{-1} , respectively [31, 33]),
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217 whose positions were restricted within 4 cm^{-1} from the wavenumbers observed in the second derivative
53
218 spectra. The same set of input parameters were employed for the curve-fitting of the FSD spectra of the
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219 different A β 42 preparations, to allow a more reliable evaluation of the differences in the secondary
56
220 structure content among the analyzed samples. The curve-fitting was performed using the GRAMS/AI 8.0
58
221 software (Thermo Electron Corporation, Waltham, USA).

222 In control experiments, the same A β 42 preparations were measured in ATR without solvent evaporation
223 [33]. For these analyses, 20 μ l of each sample were deposited on the nine-reflection diamond crystal of the
224 ATR device (DuraSamplIR II, Smith Detection, USA) and the ATR-FTIR spectra were immediately collected as
225 described above. The peptide spectra were obtained after subtraction of the buffer contribution and
226 analysed following the same procedures employed for the peptide film spectra.

227 228 *2.6 SH-SY5Y cell viability assay*

229 SH-SY5Y human neuroblastoma cell cultures (ECACC No. 94030304) were grown at 37°C in 5% CO₂/95% air
230 in a medium composed of Eagle's minimum essential medium and Nutrient Mixture Ham's F-12, with the
231 addition of 10% FBS, 2 mM glutamine, penicillin/streptomycin, non essential amino acids. All culture media
232 and supplements were purchased from Euroclone (Life Science Division, Milan, Italy).

233 The MTT colorimetric assay based on the reduction of MTT by mitochondrial dehydrogenase was employed
234 to evaluate the cellular redox activity as initial indicator of cell death. At day 0, SH-SY5Y cells were plated at
235 a density of 5x10⁴ viable cells *per well* in 96-well plates. The next day, cells were exposed to approximately
236 10 μ M entire A β 42 peptide (prepared according to protocol #3) for 24 h at 37°C or to filtrated and retained
237 solutions obtained after ultrafiltration experiments and then to a MTT solution in PBS (1 mg/mL). After 4 h
238 incubation, cells were lysed with lysis buffer (20% SDS in water/dimethylformamide 1:1) and incubated
239 overnight at 37°C. The cell viability reduction was quantified by using a Sinergy HT microplate reader
240 (Biotek, Winooski, Vermont, USA).

241 For statistical analysis the GraphPad InStat statistical package (version 3.05 GraphPad software, San Diego,
242 CA, USA) was used. Data were analyzed by analysis of variance (ANOVA) followed, if significant, by an
243 appropriate post hoc comparison test. The reported data are expressed as **mean \pm standard deviation (SD)**
244 of three independent experiments. Values of p<0.05 were considered statistically significant.

246 3. RESULTS AND DISCUSSION

247 3.1 Monitoring of A β 42 aggregation process by CE

248 Both small and large oligomers seem to exert neurotoxicity and also the ongoing polymerization process
249 may be responsible for A β toxicity and neurodegeneration in AD [6, 9].

250 Over the years increasing attention has been paid towards small oligomers deemed to be toxic such as
251 monomers, dimers, trimers, tetramers, nonamers and dodecamers [14, 17, 35, 36].

252 Therefore, aim of this work is also to promote the formation of low MW species and to demonstrate the
253 existing dynamic equilibrium by keeping the formed assemblies soluble for a wide time window. In this way
254 we intend to overcome the limitations very often shown by existing CE-based experiments: data obtained
255 on short-lived (i.e. rapidly precipitating) samples, separation of two main oligomeric populations only [23,
256 25, 28], lack of properly replicated data over a defined time frame, little or no characterization of the
257 separated species and of the final precipitates.

258 The outline of the sample preparation protocols is reported in Figure S1. The three procedures share an
259 initial treatment with HFIP then, depending on the degree of aggregation required, different solvents have
260 been employed. As demonstrated by circular dichroism and atomic force microscopy data [29, 37],
261 fluorinated alcohols like HFIP are able to promote α -helix conformation and disrupt β -sheet structures, thus
262 erasing the “structural history” of A β 42 [12].

263 **Notably, in all experiments we kept the operative current value very similar to that reported in [21, 26] so
264 as to ensure that the electric field does not influence the strength of the noncovalent intermolecular
265 interactions that sustain the peptide oligomerization, as demonstrated in [21].**

266 3.1.1 Protocol #1

267 The dried film obtained after lyophilization of the HFIP-solubilized peptide is redissolved in phosphate
268 buffer at physiological pH, to trigger the formation of aggregates. In general, salts dissolved in aqueous
269 solutions have an important role in promoting protein-protein association. Salts can reduce repulsive
270 electrostatic interactions through an increase of the apparent dielectric constant of water and can interact
271 with charged or polar residues thus stabilizing salt bridges [38, 39]. Because of specific interactions with A β
272 histidine residues, phosphate ions have been reported to strongly affect the fibrillogenesis and
273 oligomerization of amyloid peptides [40].

274 Figure 1a) shows a selection of CE traces of the same peptide sample when injected at different elapsed
275 times from t0. **Electropherograms are representative of one out of five independent experiments.**

276 Conversely to what reported in previous work by us [21, 26-28] and sometimes by others [22, 41], this
277 sample preparation affords detectable soluble species over a time window which is up to more than 10
278 folds longer, before precipitation. Given the very high aggregation tendency of A β 42, the likely presence of
279 insoluble material in the solutions used in many experiments affects data reproducibility and accuracy and,

280 obviously, also aggregation kinetics and toxicity data. Declaration and demonstration of the time span over
281 which the prepared sample is soluble is rarely found and nevertheless it is mandatory, if sound results have
282 to be produced. In this respect, a technique that works in free solution such as CE is an asset, as the
283 presence of in-capillary insoluble material, adhesion phenomena and unwanted interactions with the
284 capillary wall are easily spotted by spikes in the electropherogram, current fluctuations or dropping,
285 irreproducible migration times and peak areas.

286 In Figure 1a) three peaks are separated. Notably, the effective mobilities (μ_{eff} values) are averaged on 10
287 monitoring times from 5 independent experiments, using three different peptide batches from the same
288 supplier (Anaspec). The excellent RSD% values allow peak labelling as A, B and C all the way through the
289 monitoring time, on the basis of precise electrophoretic mobilities. Conversely to what reported by using
290 different [21, 26-28] or similar [25] sample preparations, Figure 1a) reveals that, already immediately after
291 redissolution of the dried film, the earlier migrating peak A is the most abundant and aggregation has
292 already started, as two more peaks are present.

293 Transmission electron microscopy (TEM) image taken at t_0 in Figure 1a), representative of three
294 independent experiments, reveals that also fibrils are present in this sample: as the solution is neither
295 stirred nor centrifuged before analysis, it is likely that they are sedimented at the bottom of the anodic vial
296 and thus they are not injected into the capillary, as confirmed by the absence of spikes in the
297 electropherogram. Since oligomers and fibrils are at equilibrium in the brain [9] this protocol better mimics
298 *in vivo* conditions, as compared to protocols that force the apparent formation of monomers [22].

299 According to our previous work [21, 26-28], and following the hypothesis that mass prevails over charge in
300 the migration observed, it is plausible to anticipate that the faster migrating population corresponds to low
301 MW oligomers (peak A), whereas peaks B and C should be higher MW species. Bearing in mind this
302 hypothesis and as a preliminary investigation, four solutions injected in CE (at t_0 , 5.5 h, 81 h and 5 days)
303 have been analyzed by SDS-PAGE/Western Blot (Figure S2). Bands ranging from dimers up to 22-mers are
304 detected. Contrary to CE data, bands relative to large oligomers are observed in WB analyses only at a late
305 stage of the aggregation process. Further, bands corresponding to A β 42 dimers up to tetramers are
306 abundant even at 81 h and 5 days, when the electrophoretic peak A has already totally converted into
307 larger aggregates.

308 Because standards are not available, a quantitative evaluation of the oligomers observed in CE is
309 intrinsically unaccessible. Notwithstanding this limitation, a CE semi-quantitative analysis based on
310 normalized peak area percent [30] is carried out in triplicate: for each monitoring point, SD is lower than
311 9%. In Figure S3a) (Supplementary material), the normalized areas over the entire time span are provided,
312 and in Figure 1b), a focus on the early aggregation times up to 72 hours can be found. Altogether, it is clear
313 that with the progression of the self-assembly process, the putative small oligomers (peak A) are depleted
314 and contribute to the formation of peaks B and C, possibly corresponding to larger species. At later times

315 only peak C is detected. More in detail, peaks B and C are at mutual equilibrium within the first 72 hours:
316 the area of peak B increases and that of peak C decreases and vice versa. This could be well one of the
317 several equilibria hypothesized among oligomers [3, 9], that is kept inside the capillary where species are
318 free to interconvert. The observation of a sharp and efficient peak (peak C) after a broad band such as peak
319 B, may suggest ongoing precipitation and the presence of a spike [22, 25, 41]. However, three pieces of
320 evidence rule out this hypothesis: i) the dynamic equilibrium between peak B and peak C; ii) the high
321 reproducibility of peak C mobility; iii) the UV spectrum taken by DAD detector, similar to that obtained for
322 the other peaks relative to A β peptide (Figure S3b)). At the end of the aggregation process no more peaks
323 are detected by CE, the sample is visibly cloudy and the TEM analysis of the resuspended precipitate reveals
324 the presence of fibrils (Figure 1 a)).

326 3.1.2 Protocol #2

327 DMSO is a highly polar, water-miscible organic solvent which is also commonly used to solubilize A β
328 peptides. In a vast majority of toxicity studies on cells, highly concentrated A β (e.g. 5 mM) is dissolved in
329 100% DMSO and then diluted with PBS [42] or in cell culture medium [12]. Its effect on aggregation is very
330 controversial. Some studies have demonstrated that A β 40 and A β 42 in pure DMSO remain stable in a
331 monomeric α -helical structure and give rise to the so called “unaggregated A β peptides preparations”, or
332 “unaggregated fibril-free preparations” [12, 43], since DMSO prevents the organization of A β in β -sheet
333 structures by hindering the formation of hydrogen bonds [12, 37, 44]. Other experiments instead clarified
334 that 100% DMSO is not sufficient to maintain a monomeric solution [37]. Finally, other papers reported
335 that when pure DMSO is diluted with buffer or water, it can immediately induce the formation of
336 oligomeric aggregates and protofibrils [12, 37]. To shed light on these controversial data, in protocol #2
337 (Figure S1) either pure or phosphate buffer-diluted DMSO is used as redissolution solvent of the HFIP-dried
338 film. As compared to protocol #1, protocol #2 is intended to obtain smaller oligomeric populations or even
339 a single homogeneous monomeric population. The addition of 20% DMSO to A β 42 samples does not affect
340 CE profiles and oligomerization, as compared to the results in Figure 1 a) (data not shown). By addition of
341 either 50% or 100% of DMSO the aggregation process is comparable, thus in Figure 2 only results obtained
342 with 100% DMSO as solubilizing solvent are reported. Peaks are labelled as in the electropherograms of
343 Figure 1 a), because they are identified on the basis of statistically equal electrophoretic mobilities,
344 therefore it is plausible to hypothesize that the size distribution is similar. Peaks A, B and C are detected
345 together with other minor species.
346 Conversely to what claimed by Stine *et al.* in a seminal work [37], here the electropherogram at t0 clearly
347 indicates that sample preparation using HFIP and then pure DMSO does not produce a single, uniform and
348 unaggregated sample. The use of DMSO as solubilizing agent ensures a longer time window where

349 oligomers are kept soluble if compared to that obtained by following protocol #1; in particular, the first
350 migrating population (peak A) is detected at very long times after redissolution. However, neither are fibrils
351 present immediately after solubilization nor at the end of the process: A β 42 prepared according to protocol
352 #2 precipitates as amorphous aggregates after about one month from t₀. This could explain also the
353 observed absence of dynamic equilibrium between oligomers (Figure S4). Another limitation that hinders
354 any further investigation is that the CE data obtained feature a DMSO concentration that is not only toxic
355 for neuroblastoma cells but also chemically incompatible with ultrafiltration devices.

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3.1.3 Protocol #3

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358 By preparing the sample according to protocol #1 multiple equilibria are observed by CE, i.e. that between
359 faster (peak A) and slower (peaks B and C) migrating species and that between the putative bigger
360 assemblies (peak B and peak C). However, the putative small oligomers rapidly contribute to the formation
361 of large aggregates by progressively decreasing peak A area, so that little information about smaller species
362 is obtained.

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363 In order to shift the aggregation process further towards low molecular weight oligomers, A β 42 was
364 solubilized following a protocol previously set up [29]. To accurately replicate what reported by Bartolini *et*
365 *al.* the peptide here used was purchased by the same supplier (Bachem). After preparing the sample
366 according to this protocol (here defined as protocol #3, Figure S1), A β 42 is injected in CE and its self-
367 assembly is monitored over time by an optimized CE method (method B). This method considerably
368 shortens analyses times (less than 7 min), in turn it allows more frequent sampling and improves efficiency.
369 By a multimethodological approach, in [20] authors demonstrated and/or inferred the formation of
370 assemblies ranging from monomers up to decamers immediately after solubilization, and of higher MW
371 oligomers including protofibrils within the first 12-48 hours, before sample precipitation.

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372 In Figure 3a) it is clear that at t₀ the sample already includes at least three main **electrophoretic** peaks as
373 well as **amyloid** fibrils, **which are observed by TEM**. That protocol #3 is less aggregating than the first
374 protocol is also evident: soluble species are detected for longer times, including two earlier migrating and
375 very narrow peaks. This could be explained by the longer contact of lyophilized A β peptide with HFIP and by
376 the treatment with a basic mixture in ACN, so to keep a non amyloidogenic conformation [29].

377
378

377 **In Figure 3a), mobilities are calculated as average of 5 independent experiments using three peptide**
378 **batches from the same supplier. Effective mobilities are statistically different from those reported in Figure**
379 **1a), except for those of the fastest migrating peak, where values fall within the experimental errors, equal**
380 **to two times the standard deviation [45]. However, they are labelled as peak 1, 2 and 3.**

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382 Analogously to what shown by others [22] minor species are also visible and nevertheless they are not
383 taken into consideration in this study, given the low abundance and the absence of dynamic equilibrium.
384 From electrophoretic traces Figure 3a) and from the graph in Figure 3b) it emerges that the faster migrating
385 population consists of two peaks at dynamic equilibrium: peak 1 slowly contributes to the formation of
386 peak 2. As for protocol #1, the reproducibility of the normalized area percent is very good ($SD < 8\%$). A
387 progressive reduction of both peaks 1 and 2 area is observed, while a slower migrating broad band (peak 3)
388 is built up. Therefore, as compared to protocol #1 (Figure 1), the aggregation is slowed down to such an
389 extent that an equilibrium among the putative small species is appreciable by CE. A β 42 oligomers are
390 soluble for about one month until precipitation into amyloid fibrils.

391
392 An issue that is rarely raised by authors who report studies on A β 42 is the very high variability of
393 commercial peptides with regard to solubility and in turn aggregation properties. To our knowledge, a
394 single systematic study on different A β 42 suppliers, however limited to the effect on fibril polymorphism,
395 was reported [13].

396 In particular methods of synthesis and purification could be source of variability. Notably, batch-to-batch
397 variations in the declared degree of purity may be found, as well as different instructions for standard
398 peptide solubilization within the same supplier and among different suppliers. In our experience this
399 problem can not be neglected and this is the reason why, to support their robustness, all CE data are here
400 averaged on different batches purchased from the same supplier.

401 Notably, when A β 42 supplied by Anaspec is solubilized according to protocol #3, it shows the same
402 electrophoretic profile of the Bachem peptide (data not shown). Conversely, when A β 42 provided by
403 Bachem is solubilized by following protocol #1, precipitation occurs after 30 minutes from t_0 , **when soluble
404 species are not detected, the sample is visibly cloudy and TEM analysis shows fibrils (Figure S5)**. These data
405 confirm the high variability of synthetic peptides and suggest that a given protocol cannot be applied to any
406 purchased peptide standard but it strongly depends on the supplier. Therefore it is imperative to have a
407 tool suitable to verify peptide solubility.

408 409 **3.2 A β 42 oligomer characterization**

410 *3.2.1 CE analyses of ultrafiltrated samples*

411 Highly reproducible CE analyses of soluble oligomers over a wide time window are the necessary premises
412 for a reliable characterization of the separated species.

413 In order to assign a range of MW to the oligomers analytically separated by CE and prepared by protocols
414 #1 and #3, ultrafiltration experiments are carried out with different cutoff membranes. Solutions to be
415 ultrafiltrated have been selected at appropriate elapsed times from solubilization, depending on the

416 favourable relative abundance of the peak areas observed in CE. In principle ultrafiltration is not devoid of
417 limitations, as it can only assign a molecular weight range and adsorption phenomena may affect sample
418 recovery and data interpretation. Nevertheless this approach is very simple, fast, and CE analyses serve as a
419 control of the oligomeric state, by comparison between unfiltered, retained and filtrated solutions. In
420 general, it is reasonable to consider that, while the amount found in filtrated solutions has to be entirely
421 ascribed to actual filtrated protein material, the amount found in the retained solution can partly be
422 constituted by aggregated peptide adsorbed on the filter and not necessarily retained in virtue of its size.
423 Oligomers ranging from trimers up to dodecamers migrate under peak A (protocol #1): peak A is totally
424 retained on 10 kDa (Figure 4d)), mostly on 30 kDa (Figure 4 c)) and filtrated through 50 kDa membrane
425 (Figure 4 b)). Based on these evidences, the bands corresponding to A β 42 dimers detected by SDS-
426 PAGE/Western Blot (Figure S2) must definitely be ascribed to an artefact due to oligomer disaggregation
427 induced by SDS: as seldom reported [14, 46], it can be concluded that SDS-PAGE, despite its widespread
428 usage, does not mimic the actual conditions in solution. The slower migrating peaks B and C correspond to
429 aggregates **smaller than 22-mers and larger than dodecamers**, since they are quantitatively recovered in
430 **the filtrated solution of 100 kDa cutoff and in the retained solution of 50 kDa cutoff (Figure 4 a) and b)),**
431 **respectively.**
432 Along with what stated for peaks B and C **and based on membrane specifications**, ultrafiltration on 50 and
433 100 kDa membranes (Figure 4 a) and b)) shows that peak 3 corresponds to aggregates larger than
434 dodecamers and that no aggregates bigger than 100kDa (22-mers) are present in solution. Considering the
435 low recovery of peak 3 in the filtrated solution, **it is assumed that part of the peptide is entrapped in the**
436 **filter.** On the other hand, the size distribution of small assemblies is different from protocol #1.
437 Identification of peaks 1 and 2 a from monomers up to hexamers is revealed by electropherograms of
438 samples filtrated on 10 and 30 kDa membranes (Figure 4 d) and c)).
439 Membrane specifications for 30 kDa and 10 kDa devices make us reasonably hypothesize that peaks 1 and 2
440 correspond to monomers and dimers, respectively. **By simple ultrafiltration experiments the presence of**
441 **monomers and dimers in solution, as demonstrated in [20], is confirmed. It is valuable that in this work the**
442 **presence of soluble A β oligomers is monitored for much longer time**

3.2.2 ATR-FTIR characterization of the secondary structure of A β 42 oligomers

444 The conformational features of the different A β 42 oligomers obtained by protocol #1 and protocol #3 were
445 investigated by ATR-FTIR spectroscopy. This approach provides information on the peptide secondary
446 structures and intermolecular interactions through the analysis of the Amide I band (around 1700-1600 cm⁻¹)
447 ¹⁾ mainly due to the stretching vibration of the C=O peptide group [32, 33, 47]. Figure 5a) shows the FSD
448 spectra of the peptide films of A β 42 solubilized by protocol #1 (at 2.5 h) before and after ultrafiltration
449 through a 50 kDa cutoff membrane. The spectra of the whole peptide and of the retained assemblies are

451 characterized by an intense peak around 1630 cm^{-1} and by a minor component around 1695 cm^{-1} , both
452 assigned to β -sheet structures [31]. The intensity of the $\sim 1630\text{ cm}^{-1}$ component decreases in the filtrated
453 solution indicating a lower β -sheet content in this sample (Figure 5a)). The intensity ratio 1695/1630, called
454 β -index, has been suggested to be proportional to the percentage of antiparallel β -sheet in the structure
455 and has been widely employed in the FTIR analyses of A β and other amyloidogenic polypeptides [32]. The
456 β -index values calculated from the baseline corrected FSD spectra of A β 42 solubilized by protocol #1
457 (Figure 5b)) are within the range expected for A β peptide oligomers with a predominantly antiparallel
458 organization of the β -sheets [31, 32, 48]. For a semi-quantitative comparison of the β -sheet content in the
459 different samples, a curve-fitting analysis on the FSD spectra was performed (Figure 5c) and Figure S6-
460 FTIR1). The entire peptide preparation and the retained solution are characterized by a higher amount of β -
461 sheets (average \pm SD: $62.74\% \pm 4.87$ and $66.76\% \pm 1.68$, respectively) as compared to that of the filtrated
462 solution ($48.60\% \pm 3.31$). These findings are in agreement with the characterization obtained by
463 ultrafiltration (Figure 4 b)) and mirror the differences in apparent molecular mass among oligomers
464 filtrated and retained by 50 kDa cutoff membrane.

465 The same ATR-FTIR analyses were performed on the A β 42 peptide solubilized by protocol # 3, immediately
466 after solubilization (Figure 5). This sample is characterized by the lowest amount of β -sheet structures
467 (Figure 5a) and 5c)) and by the highest β -index value (Figure 5b)) as compared to the A β 42 peptides
468 solubilized by protocol #1. We should note that the $\sim 1695\text{ cm}^{-1}$ component is well resolved in the entire
469 peptide and retained solution from protocol #1 while it is more overlapped with the near components in
470 the filtrated solution from protocol #1 and in the entire peptide solution from protocol #3, leading to a
471 possible overestimation of the β -index value, markedly in the last case.

472 Since dehydration can affect the polypeptide secondary structures, particularly in the case of disordered
473 proteins and peptides [49], we performed control experiments to compare the infrared response of A β 42
474 samples measured in form of a thin film (Figure 5 and Figure S6-) with that of A β 42 samples measured in
475 solution (Figure S7). Very similar ATR-FTIR results were obtained with and without solvent evaporation for
476 the entire peptide and retained solution from protocol #1. In the case of the filtrated sample from protocol
477 #1 and of the entire peptide from protocol #3, the analyses of the ATR-FTIR spectra collected in solution
478 indicate a lower content of β -sheets and a higher α -helical/random coil structures (Figure S7), compared to
479 secondary structures of the same A β 42 samples measured as a peptide film (Figure 5, Figure S6). In
480 particular, the content of β -sheet structures of the different A β 42 samples measured in solution was found
481 to decrease in the following order (Figure S7-FTIR2): protocol #1, retained ($65.10\% \pm 3.31$); protocol #1,
482 2.5h ($61.39\% \pm 4.53$); protocol #1, filtrated ($40.32\% \pm 8.03$); protocol #3, t0 ($26.96\% \pm 5.69$). These data are
483 consistent with ultrafiltration results (Figure 4d)). Altogether, the ATR-FTIR analyses of the different A β 42
484 samples measured as a thin peptide film or in solution consistently indicate a progressive increase of the β -

485 sheet structures in the conversion of smaller species into larger assemblies, in agreement with what
486 expected from their size.

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488 **3.3 Toxicity studies**

489 The possibility to isolate aggregates by ultrafiltration also allows to consider these oligomeric populations
490 as independent targets in toxicity tests, i.e. to verify whether aggregates of different size are endowed with
491 different toxicity.

492 *In vitro* and *ex-vivo* toxicity of different A β 42 oligomers is controversial [9, 35, 36]; moreover, in this respect
493 the supplier-to supplier variability of the synthetic A β 42 peptide is not addressed by the literature.

494 First, the ability of A β 42 *in toto* of inducing cell death on SH-SY5Y neuroblastoma cells was verified. For
495 these experiments, cells were exposed to A β 42 (solubilized by following sample preparation protocol #3)
496 after 10 days from solubilization, when both small and large oligomers are present. Compared to the
497 control, 10 μ M A β 42 induced a significant loss of cell viability (average \pm SD : 79.44% \pm 4.12, Figure 6). In
498 the same fashion, toxicity experiments were independently carried out on oligomers filtrated and retained
499 by a 50 kDa membrane (see Figure 4b) as explicative electrophoretic profiles). It is evident that monomers
500 and dimers (peak 1 and 2) do not affect cell viability. Conversely, oligomers bigger than dodecamers (peak 3
501 in the electrophoretic pattern) are responsible for the toxicity of the entire A β 42 peptide, since they induce
502 a cell death to an extent similar to that induced by the peptide *in toto* (cell viability, average \pm SD : 80.09% \pm
503 1.82).

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505 **4. CONCLUSIONS**

506 Notwithstanding decades of research, the relationship between size, structure and toxicity of A β 42
507 oligomers remains unclear, also because of the difficulties in setting-up *in vitro* methods, to study the
508 dynamic formation of such oligomers, to characterize the observed species and to independently assign
509 toxicity. Since our pioneering work [21, 26-28], a few attempts have been made to describe A β 42
510 oligomerization *in vitro* by using CE as the main tool. CE separations published so far are almost exclusively
511 confined to two main oligomeric populations that are rapidly precipitating and for which a dynamic
512 equilibrium is often not demonstrated. These difficulties are unavoidably associated to poor peak area
513 accuracy and reproducibility and make the applications of the methods intrinsically limited.

514 Here we have instead presented, over a wide time window, standardized and very reproducible analyses of
515 soluble oligomeric populations that show multiple equilibria. When prepared by three different protocols,
516 different aggregation dynamics of A β 42 peptide is clearly appreciated and accurately described. By a simple
517 injection in CE we have also shown that a given sample preparation protocol may not be applicable to
518 synthetic A β 42 peptides from different suppliers.

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519 Conversely to what previously found by us, by ultrafiltration experiments followed by CE analyses
520 monomers and dimers are detected using a less aggregating sample preparation (protocol #3), whereas by
521 a more aggregating protocol (protocol #1), trimers represent the smallest specie formed. This finding is in
522 contrast with what obtained by SDS-PAGE Western Blot, as it is highly possible that the formation of
523 dimeric forms of A β 42 is an artefact of SDS-induced disaggregation [14, 46].
524 CE gives immediate access to semi-quantitative data on the proteinaceous material present in solution, on
525 the dynamic formation of soluble oligomeric assemblies over time and on the reproducibility of the
526 process. This means that CE preserves the native state of aggregates and should play a primary role in this
527 kind of studies on aggregating peptides. The isolation of the separated species unequivocally identifies the
528 absence of toxicity of oligomers with an apparent molecular mass lower than 50 kDa, namely equal or
529 smaller than dodecamers, in particular monomers and dimers.
530 For the first time A β 42 oligomers isolated from a solution where they are at dynamic equilibrium are
531 subjected to ATR-FTIR investigations through measurements both as a peptide film and in solution.
532 Interestingly, the differences found in secondary structures are in agreement with the different oligomeric
533 size distribution of the aggregates, as assessed by ultrafiltration. Indeed, α -helical/random coil structures
534 are most abundant in smaller species, whereas a higher β -sheet content characterizes the bigger and more
535 toxic A β 42 assemblies.
536 The integrative use of TEM, ATR-FTIR and cell-based assays clarifies and corroborates the results of the CE
537 analysis. For all these reasons this approach is now adequate and complete enough to identify potential
538 anti-oligomerization molecules and may help screening campaigns in drug discovery for Alzheimer's
539 disease.

541 **5. ACKNOWLEDGEMENTS**

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681 **FIGURE LEGENDS**

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683 **Figure 1.** Protocol #1. Oligomerization process of A β 42 monitored over time by CE (method A). a) Top:
684 **representative** electrophoretic profiles of A β 42 (221 μ M) at different elapsed times from t0 until sample
685 precipitation and average effective electrophoretic mobilities (μ_{eff}) of detected peaks, (**n=5 independent**
686 **experiments**). Insets: representative TEM images of amyloid fibrils at t0 and at sample precipitation, (n=3);
687 scale bar: 100 nm. Bottom: average, SD and **relative standard deviation** (RSD) of μ_{eff} of detected peaks. **b)**
688 Plot of the normalized peak area % at different elapsed times of peak A, peak B and peak C, during the first
689 30 hours, when dynamic equilibrium is evident. Each monitoring point is in triplicate, error bars correspond
690 to SD.

691 **Figure 2.** Protocol #2. Oligomerization process of A β 42 monitored over time by CE (method A, redissolution
692 in 100% DMSO). Monitoring of A β 42 (221 μ M) aggregation process from t0 up to 28 days, **CE traces are**
693 **representative of n=3 independent experiments**. The off-scale EOF signal is truncated for clarity. Inset:
694 representative TEM image of amorphous aggregates observed at t0 and at sample precipitation; scale bar:
695 100 nm.

696 **Figure 3.** Protocol #3. Oligomerization process of A β 42 monitored over time by CE (method B). a) Top:
697 **representative** electrophoretic profiles of A β 42 (100 μ M) at different elapsed times from t0 until the end of
698 aggregation process, (**n=5 independent experiments**). Inset: amyloid fibrils identified by TEM analysis at t0
699 and at sample precipitation; scale bar: 100 nm. Bottom: average, SD and RSD of μ_{eff} of detected peaks. b)
700 Plot of the normalized peak area % over time of peak 1, peak 2 and peak 3. Each monitoring point is in
701 triplicate, error bars correspond to SD.

702 **Figure 4.** UF characterization of A β 42 oligomers. Ultrafiltration experiments with a) 100, b) 50, c) 30 and d)
703 10 kDa with A β 42 solubilized by following protocol #1 and protocol #3.

704 **Figure 5.** ATR-FTIR characterization of A β 42 oligomers. a) FSD spectra of different A β 42 preparations
705 showed in the Amide I band. b) The β -index values (intensity ratio $\sim 1695/\sim 1630$) calculated from the
706 baseline corrected FSD spectra. c) Total content of the β -sheet structures evaluated by curve-fitting analysis
707 of the FSD spectra. The ATR-FTIR spectra were collected after solvent evaporation, corrected for the buffer
708 absorption and normalized at the Amide I band area before FSD. The reported data refer to the average
709 and standard deviation obtained from three independent A β 42 preparations. Analysed samples: A β 42 from
710 protocol # 1 before ultrafiltration (Prot #1, 2.5h), retained (Prot #1 R, **2.5 h**) and filtrated (Prot #1 F, **2.5 h**)
711 through a 50 kDa membrane; entire A β 42 peptide solubilized by protocol # 3 (Prot #3 t0).

712 **Figure 6.** MTT test. Entire A β 42 peptide and oligomers lower and bigger than 50 kDa (sample preparation
713 protocol #3, 10 days). Data are expressed as cell viability of control, error bars represent **SD** (n=3).

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1 **AN INTEGRATED STRATEGY TO CORRELATE AGGREGATION STATE, STRUCTURE AND TOXICITY OF**
2 **A β 1-42 OLIGOMERS.**

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35 21 **Keywords:** Alzheimer's disease; Capillary electrophoresis; A β 1-42; A β oligomers; Sample preparation;
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37 22 Fourier transform infrared spectroscopy.
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53 31 **Abbreviations:** A β , Amyloid-beta; A β 42, A β 1-42; CE, capillary electrophoresis; AD, Alzheimer's disease;

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55 32 TEM, transmission electron microscopy; ATR-FTIR, Attenuated total reflection-Fourier transform infrared;

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57 33 FSD, Fourier self deconvolution; EOF, electroosmotic flow.
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ABSTRACT

Despite great efforts, it is not known which oligomeric population of amyloid beta (A β) peptides is the main neurotoxic mediator in Alzheimer's disease. *In vitro* and *in vivo* experiments are challenging, mainly because of the high aggregation tendency of A β (in particular of A β 1-42 peptide), as well as because of the dynamic and non covalent nature of the prefibrillar aggregates. As a step forward in these studies, an analytical platform is here proposed for the identification and characterization of A β 1-42 oligomeric populations resulting from three different sample preparation protocols. To preserve the transient nature of aggregates, capillary electrophoresis is employed for monitoring the oligomerization process in solution until fibril precipitation, which is probed by transmission electron microscopy. Based on characterization studies by ultrafiltration and SDS-PAGE/Western Blot, we find that low molecular weight oligomers build up over time and form bigger aggregates (> dodecamers) and that the kinetics strongly depends on sample preparations. The use of phosphate buffer results to be more aggregating, since trimers are the smallest species found in solution, whereas monomers and dimers are obtained by solubilizing A β 1-42 in a basic mixture. For the first time, attenuated total reflection-Fourier transform infrared spectroscopy is used to assign secondary structure to the separated oligomers. Random coil and/or α -helix are most abundant in smaller species, whereas β -sheet is the predominant conformation in bigger aggregates, which in turn are demonstrated to be responsible for A β 1-42 toxicity.

55 **1. INTRODUCTION**

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36 It is estimated that more than 30 million people worldwide suffer from Alzheimer’s disease (AD) [1]. The
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57 evidence that different molecular pathways are involved in neurodegeneration makes AD a multifactorial
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58 disease [2] and this explains the difficulties in defining the aetiology and in discovering effective treatments
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59 [1, 3]. Among many factors, it is now well established that the soluble aggregates of amyloid-beta (A β)
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60 protein play a crucial role in the onset of the disease and therefore studying their self-assembly is the focus
10
61 of intense research. A β protein is a family of peptides that ranges from 36 to 43 amino acids and derives
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62 from the proteolytic cleavage of the amyloid precursor protein (APP) [4]. Unfolded or partially folded A β
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63 monomers interact through a nucleation-elongation process to form small oligomers and nuclei that rapidly
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64 lead to larger aggregates and then to fibrillar forms [5, 6]. In turn, the insoluble amyloid fibrils deposit in
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65 the brain as extracellular amyloid plaques which represent one of the two hallmarks of AD, together with
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66 neurotangles of hyperphosphorylated tau protein [1, 5]. In the last two decades the soluble pre-fibrillar
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67 oligomers of A β peptides have been recognised as the principal neurotoxic mediators which lead to
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68 detrimental effects on the AD brain [3, 7, 8]. Despite significant efforts, the structure of these A β oligomers,
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69 the understanding at the molecular level of their aggregation process, the exact mechanism of oligomer-
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70 induced toxicity as well as the accurate identification of the neurotoxic oligomeric species, remain elusive.
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71 Intrinsic limitations in investigating A β oligomers are mainly related to their peculiar nature: they consist of
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72 heterogeneous populations of polymorphic, non-covalent and transiently populated aggregates generated
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73 by multiple pathways. This is true especially for A β 1-42 (A β 42), which is the most amyloidogenic and toxic
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74 among the A β peptides [3, 8, 9].
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75 Important progress has been made through *ex vivo* and *in vitro* studies performed either with AD brain-
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76 derived oligomers or synthetic peptides. Because of the target organ of amyloid aggregates, the availability
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77 of brain-derived species is clearly restricted and *ex vivo* studies are difficult to approach [9, 10]. In principle,
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78 by using synthetic peptides a strict control of the starting material and a modulation of the aggregation
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79 process could be achieved, even if exact physiological conditions cannot be replicated. On the other hand,
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80 because of their high aggregation tendency, and in particular that of A β 42, a fine tuning of the oligomer
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81 formation and kinetics is challenging. Each specific solubilization protocol (different solvents, peptide
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82 concentrations, incubation time and temperature) leads to different oligomeric species [11, 12]. Notably,
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83 authors very often claim the presence in solution of aggregates of defined size on the basis of previous
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84 literature data that report the same or similar sample preparation. In this specific context it is easy to make
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85 wrong assumptions, also because synthetic peptides are characterized by extreme variability including
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86 supplier-to-supplier and batch-to-batch, an issue that is rarely addressed [13]. These limitations, together
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87 with the complex dynamic equilibrium existing among A β species contribute to the widespread and
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88 controversial literature on A β oligomers [3, 9].
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89 Complementary information on the isolation and size estimation of A β aggregates and the related toxicity
90 has been achieved over the years by multiple techniques such as SDS-PAGE [8, 14] size exclusion
91 chromatography (SEC) [15], dynamic and multiangle light scattering (DLS and MALS) [15, 16], microscopy
92 [5], mass spectrometry [17], NMR spectroscopy and X-ray crystallography [18]. Each technique is not
93 devoid of limitations and drawbacks. These are mainly related to the non covalent and dynamic nature of
94 A β oligomers and to the ability of a technique to provide information on small and large oligomers with an
95 equivalent accuracy. For example, DLS and MALS can not intrinsically separate different oligomeric
96 populations for independent characterization [3, 10]; fluorescence-based detectors require non-native
97 labelled peptides that may alter the oligomerization kinetics [19]; both MALDI and ESI ionization sources
98 may induce oligomer dissociation[20]. Some authors successfully stabilized the transient nature of
99 oligomers by photo-induced cross-linking, to analyze the resulting “frozen” oligomers by SEC or SDS-PAGE
100 [8]. While this procedure overcomes the dissociation induced by e.g. SDS-PAGE, it also implies that
101 oligomers do not exactly mirror the native state in solution.

102 The use of capillary electrophoresis (CE) with UV detection to monitor *in vitro* A β oligomer formation was
103 pioneered by our group [21]. CE works in free solution and in the absence of a stationary phase or
104 chaotropic agents, thus it preserves the native oligomeric structure and provides a real time snapshot of
105 different soluble and unlabelled A β assemblies during their formation.

106 Over the years CE-UV was employed to detect and separate soluble oligomeric species of A β peptides
107 ranging from monomers [22-25] to aggregates larger than dodecamers [21, 22, 26-28]. To provide oligomer
108 size characterization, CE separation was also used concurrently with Taylor dispersion analysis [22],
109 ultrafiltration [21, 26-28], MALDI-TOF [25] and very recently electrospray differential mobility analysis [23].
110 In these works the CE separation is limited to two main oligomeric populations that are rapidly precipitating
111 and for which a dynamic equilibrium is often not demonstrated. Here instead we initially focus on the
112 effect that different A β 42 sample preparation protocols have on the formation of assemblies in solution;
113 experimental conditions are finely tuned so to obtain and separate by CE as many oligomeric populations
114 as possible and to considerably extend the time window over which these oligomers are soluble. Not only
115 does this approach enable an easier isolation of the separated species by ultrafiltration and the assignment
116 of their cell toxicity, but also it makes possible for the first time an independent analysis of their secondary
117 structure by attenuated total reflection-Fourier transform infrared (ATR-FTIR) spectroscopy. Finally, it is
118 shown how a simple CE analysis of A β 42 can shed light on a crucial issue whose importance is hardly ever
119 addressed: peptide batch-to-batch and supplier-to-supplier reproducibility.

122 2. MATERIALS AND METHODS

123 2.1 Materials

124 Synthetic A β 42 (MW 4514.10 Da) was purchased as lyophilized powder from Anaspec (Fremont, CA, USA),
125 (purity \geq 95%; lots #1556608, #1556609, #1457203) and Bachem (Bubendorf, Switzerland), (purity \geq 95%;
126 lots #10533163, #1065556, #1056654) and stored at -20°C. 1,1,1,3,3,3-Hexafluoropropan-2-ol (HFIP),
127 dimethylsulfoxide (DMSO), acetonitrile (ACN), and sodium carbonate were from Sigma-Aldrich (St. Louis,
128 MO, USA). Sodium hydroxide and sodium dodecyl sulphate (SDS) were provided by Merck (Darmstadt,
129 Germany). Na₂HPO₄ and NaH₂PO₄, supplied by Sigma-Aldrich, were used for the preparation of the
130 background electrolyte (BGE) in the CE analyses. BGE solutions were prepared daily using Millipore Direct-
131 Q™ deionized water (Bedford, MA, USA) and filtered with 0.45 μ m Sartorius membrane filters (Göttingen,
132 Germany).

133 Ultrafiltration devices (10, 30 and 100 kDa cutoff) were purchased from Pall Corporation (New York, NY,
134 USA), whereas 50 kDa cutoff membranes were from Millipore (Billerica, MA, USA).

135 The 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl-tetrazolium bromide (MTT) and phosphate buffered saline
136 (PBS) employed in the cell viability assay were supplied by Sigma-Aldrich.

137 2.2 Solubilization protocols

138 A β 42 oligomers were prepared by following three different solubilization protocols.

139 Protocol #1: A β 42 (Anaspec) was solubilized in HFIP (1 mg/mL, \sim 221 μ M). The stock solution was gently
140 mixed and then kept for 30 minutes at 4°C, aliquoted in microfuge tubes and lyophilized via Speed-Vac.
141 Then A β 42 aliquots were redissolved in 20 mM Na₂HPO₄/NaH₂PO₄, pH 7.4.

142 Protocol #2: A β 42 (Anaspec) aliquots were prepared as in #1 and then redissolved in DMSO/20 mM
143 phosphate buffer (pH 7.4) at increasing concentrations of DMSO.

144 Protocol #3: A β 42 (Bachem) was prepared as described by Bartolini *et al* [29]. Briefly, the peptide was
145 solubilized in HFIP (149 μ M) and kept at room temperature overnight. The stock solution was aliquoted in
146 microfuge tubes and kept at room temperature for one day, then HFIP was left to evaporate overnight. The
147 resulting peptide film was redissolved to obtain 500 μ M A β 42: the redissolution mixture consisted of
148 ACN/300 μ M Na₂CO₃/250 mM NaOH (48.3:48.3:3.4, v/v/v). The final peptide solution (100 μ M) was
149 obtained by the dilution of 500 μ M A β 42 with 20mM Na₂HPO₄/NaH₂PO₄ (pH=7.4).

150 For all protocols final solutions were not centrifuged, to avoid mechanical stress at the beginning of the
151 aggregation process.

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154 2.3 Capillary electrophoresis and ultrafiltration

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155 A β 42 samples were analyzed by CE at different elapsed times from t_0 , where t_0 is defined as the time when
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156 the HFIP-lyophilized peptide is redissolved.

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157 CE analyses were performed on an Agilent Technologies 3D CE system (Waldbronn, Germany) equipped
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158 with a diode-array detector (DAD) set at $\lambda=200$ nm. Data were collected using Chemstation A.10.02
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159 software.

10
160 In the present work, two CE methods (A and B) were applied. Uncoated fused-silica capillaries provided by
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161 Polymicro Technologies (Phoenix, AZ, USA) were pretreated by flushing 1 M NaOH, deionized water and
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162 BGE (80 mM sodium phosphate buffer, pH=7.4) for 60 min, 60 min and 90 min (method A), or for 30 min,
15
163 30 min and 60 min (method B), respectively. BGE was prepared by mixing 80 mM solutions of Na_2HPO_4 and
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164 NaH_2PO_4 in order to obtain the desired pH.

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165 In method A [28] the analytical separation was carried out at 16 kV (current: 75-80 μA) on a capillary of 53
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166 cm of total length ($L=53$ cm, $l=44.5$ cm). Samples were hydrodynamically injected by applying 50 mbar for 8
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167 s. In method B, a capillary of $L=33$ cm, $l=24.5$ cm was used; the applied voltage was 12 kV (current 75-80
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168 μA) and hydrodynamic injection parameters were set at 30 mbar for 3 s. For both methods the capillary
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169 temperature was 25°C and the between-run rinsing cycle consisted of 50 mM SDS (1.5 min), deionized
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170 water (1.5 min), and BGE (2 min).

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171 The electroosmotic flow (EOF) is easily measured as a perturbation of the baseline given by solvents used
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172 for the redissolution of the lyophilized A β 42 aliquots and thus it is considered as a reliable noninteracting
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173 marker. The effective mobilities (μ_{eff} , $\text{cm}^2\text{V}^{-1}\text{s}^{-1}$) of each peak are calculated by subtracting the contribute of
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174 the EOF (μ_{EOF}) from the apparent mobility (μ_{app} , $\text{cm}^2\text{V}^{-1}\text{s}^{-1}$). Semiquantitative analyses were performed
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175 based on the normalized area % [30]. A β 42 peptide solutions were ultrafiltrated on devices at different
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176 elapsed times from t_0 and the resulting filtrated and retained solutions were analyzed by CE. Ultrafiltration
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177 experiments were carried out in triplicate and by applying the best experimental conditions for each type
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178 of membrane, as suggested by suppliers: 14000 g for 10 minutes with 10, 30, and 100 kDa cutoff
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179 membranes and 60 minutes with 50 kDa cutoff membranes. In order to obtain enough volume of the
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180 retained solutions and to approximately restore the original concentration, a volume of 20 mM phosphate
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181 buffer (pH 7.4), equal to that of the ultrafiltrated sample, was added to the retained portion that was
49
182 recovered by reverse spinning (14000 g, 5 minutes, for 50 kDa membrane). For 10, 30 and 100 kDa devices,
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183 since the reverse spinning is not intrinsically possible because of their geometry, the retained portion was
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184 recovered by using a micropipette.

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185 Appropriate quantification of the retained sample amount is clearly not possible. However, the comparison
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186 of the electropherograms obtained before and after ultrafiltration was used to verify that the
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187 concentrations of the injected species were qualitatively comparable.

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189 2.4 Transmission electron microscopy

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190 Precipitated samples were fixed on carbon-coated Formvar nickel grids (200 mesh) (Electron Microscopy
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191 Sciences, Washington, PA, USA). A β 42 suspensions were diluted to 10 μ M with 20 mM phosphate buffer
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192 (pH 7.4). Ten μ L suspension were left to sediment on grids; after 15 minutes the excess of sample was
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193 drained off by means of a filter paper. The negative staining was performed with 10 μ L of 2% w/v uranyl
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194 acetate solution (Electron Microscopy Sciences). Sample investigations were carried out in triplicate by
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195 using a JEOL JEM 1400-Plus electron microscope, operating at 80 kV (Peabody, MA, USA).

196 197 2.5 Fourier Transform Infrared spectroscopy

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198 Structural properties of A β 42 solubilized by protocol #1 and protocol #3 and those of filtrated and retained
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199 solutions on 50 kDa cutoff membrane were analyzed by FTIR measurements in attenuated total reflection
20
200 (ATR) [31-34]. For these analyses, 2 μ L of each sample were deposited on the single reflection diamond
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201 crystal of the ATR device (Quest ATR, Specac, Orpington, UK). In order to obtain a hydrated peptide film,
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202 samples were dried [31] at room temperature. The ATR-FTIR spectra of the hydrated films were recorded by
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203 a Varian 670-IR spectrometer (Varian Australia Pty Ltd, Mulgrave VIC, Australia), which was continuously
28
204 purged with dried air. Conditions applied were: 2 cm^{-1} resolution, scan speed of 25 kHz, 1000 scan
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205 coadditions, triangular apodization, and a nitrogen-cooled Mercury Cadmium Telluride detector [34]. The
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206 measured spectra were normalized at the area of the Amide I band (around 1700-1600 cm^{-1}) to
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207 compensate for possible differences in the peptide content. Fourier self deconvolution (FSD) was obtained
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208 with a full width at half height of 13.33 cm^{-1} and a resolution enhancement factor $K = 1.5$. Spectral
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209 collection, the FSD and the second derivative analyses [33] were performed using the Resolutions-Pro
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210 software (Varian Australia Pty Ltd). The evaluation of the peptide secondary structures was obtained by
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211 curve-fitting of the FSD spectra in the Amide I spectral region [31, 33]. Because the result of this procedure
42
212 is not unique, the selection of the input parameter is very important. Here a linear baseline was employed
44
213 and the number and peak position of the initial components were taken from the second derivative and
45
214 FSD spectra. Curve-fitting was performed by leaving the initial parameters (baseline, peak position, band
47
215 width, and band intensity) free to adjust iteratively with the only exception of the two Amide I components
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216 assigned to β -sheet structures (around 1633-1628 cm^{-1} and around 1695-1692 cm^{-1} , respectively [31, 33]),
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217 whose positions were restricted within 4 cm^{-1} from the wavenumbers observed in the second derivative
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218 spectra. The same set of input parameters were employed for the curve-fitting of the FSD spectra of the
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219 different A β 42 preparations, to allow a more reliable evaluation of the differences in the secondary
56
220 structure content among the analyzed samples. The curve-fitting was performed using the GRAMS/AI 8.0
58
221 software (Thermo Electron Corporation, Waltham, USA).

222 In control experiments, the same A β 42 preparations were measured in ATR without solvent evaporation
223 [33]. For these analyses, 20 μ l of each sample were deposited on the nine-reflection diamond crystal of the
224 ATR device (DuraSamplIR II, Smith Detection, USA) and the ATR-FTIR spectra were immediately collected as
225 described above. The peptide spectra were obtained after subtraction of the buffer contribution and
226 analysed following the same procedures employed for the peptide film spectra.

227 228 *2.6 SH-SY5Y cell viability assay*

229 SH-SY5Y human neuroblastoma cell cultures (ECACC No. 94030304) were grown at 37°C in 5% CO₂/95% air
230 in a medium composed of Eagle's minimum essential medium and Nutrient Mixture Ham's F-12, with the
231 addition of 10% FBS, 2 mM glutamine, penicillin/streptomycin, non essential amino acids. All culture media
232 and supplements were purchased from Euroclone (Life Science Division, Milan, Italy).

233 The MTT colorimetric assay based on the reduction of MTT by mitochondrial dehydrogenase was employed
234 to evaluate the cellular redox activity as initial indicator of cell death. At day 0, SH-SY5Y cells were plated at
235 a density of 5x10⁴ viable cells *per well* in 96-well plates. The next day, cells were exposed to approximately
236 10 μ M entire A β 42 peptide (prepared according to protocol #3) for 24 h at 37°C or to filtrated and retained
237 solutions obtained after ultrafiltration experiments and then to a MTT solution in PBS (1 mg/mL). After 4 h
238 incubation, cells were lysed with lysis buffer (20% SDS in water/dimethylformamide 1:1) and incubated
239 overnight at 37°C. The cell viability reduction was quantified by using a Sinergy HT microplate reader
240 (Biotek, Winooski, Vermont, USA).

241 For statistical analysis the GraphPad InStat statistical package (version 3.05 GraphPad software, San Diego,
242 CA, USA) was used. Data were analyzed by analysis of variance (ANOVA) followed, if significant, by an
243 appropriate post hoc comparison test. The reported data are expressed as mean \pm standard deviation (SD)
244 of three independent experiments. Values of p<0.05 were considered statistically significant.

246 3. RESULTS AND DISCUSSION

247 3.1 Monitoring of A β 42 aggregation process by CE

248 Both small and large oligomers seem to exert neurotoxicity and also the ongoing polymerization process
249 may be responsible for A β toxicity and neurodegeneration in AD [6, 9].

250 Over the years increasing attention has been paid towards small oligomers deemed to be toxic such as
251 monomers, dimers, trimers, tetramers, nonamers and dodecamers [14, 17, 35, 36].

252 Therefore, aim of this work is also to promote the formation of low MW species and to demonstrate the
253 existing dynamic equilibrium by keeping the formed assemblies soluble for a wide time window. In this way
254 we intend to overcome the limitations very often shown by existing CE-based experiments: data obtained
255 on short-lived (i.e. rapidly precipitating) samples, separation of two main oligomeric populations only [23,
256 25, 28], lack of properly replicated data over a defined time frame, little or no characterization of the
257 separated species and of the final precipitates.

258 The outline of the sample preparation protocols is reported in Figure S1. The three procedures share an
259 initial treatment with HFIP then, depending on the degree of aggregation required, different solvents have
260 been employed. As demonstrated by circular dichroism and atomic force microscopy data [29, 37],
261 fluorinated alcohols like HFIP are able to promote α -helix conformation and disrupt β -sheet structures, thus
262 erasing the “structural history” of A β 42 [12].

263 Notably, in all experiments we kept the operative current value very similar to that reported in [21, 26] so
264 as to ensure that the electric field does not influence the strength of the noncovalent intermolecular
265 interactions that sustain the peptide oligomerization, as demonstrated in [21].

266 3.1.1 Protocol #1

267 The dried film obtained after lyophilization of the HFIP-solubilized peptide is redissolved in phosphate
268 buffer at physiological pH, to trigger the formation of aggregates. In general, salts dissolved in aqueous
269 solutions have an important role in promoting protein-protein association. Salts can reduce repulsive
270 electrostatic interactions through an increase of the apparent dielectric constant of water and can interact
271 with charged or polar residues thus stabilizing salt bridges [38, 39]. Because of specific interactions with A β
272 histidine residues, phosphate ions have been reported to strongly affect the fibrillogenesis and
273 oligomerization of amyloid peptides [40].

274 Figure 1a) shows a selection of CE traces of the same peptide sample when injected at different elapsed
275 times from t0. Electropherograms are representative of one out of five independent experiments.

276 Conversely to what reported in previous work by us [21, 26-28] and sometimes by others [22, 41], this
277 sample preparation affords detectable soluble species over a time window which is up to more than 10
278 folds longer, before precipitation. Given the very high aggregation tendency of A β 42, the likely presence of
279 insoluble material in the solutions used in many experiments affects data reproducibility and accuracy and,

280 obviously, also aggregation kinetics and toxicity data. Declaration and demonstration of the time span over
281 which the prepared sample is soluble is rarely found and nevertheless it is mandatory, if sound results have
282 to be produced. In this respect, a technique that works in free solution such as CE is an asset, as the
283 presence of in-capillary insoluble material, adhesion phenomena and unwanted interactions with the
284 capillary wall are easily spotted by spikes in the electropherogram, current fluctuations or dropping,
285 irreproducible migration times and peak areas.

286 In Figure 1a) three peaks are separated. Notably, the effective mobilities (μ_{eff} values) are averaged on 10
287 monitoring times from 5 independent experiments, using three different peptide batches from the same
288 supplier (Anaspec). The excellent RSD% values allow peak labelling as A, B and C all the way through the
289 monitoring time, on the basis of precise electrophoretic mobilities. Conversely to what reported by using
290 different [21, 26-28] or similar [25] sample preparations, Figure 1a) reveals that, already immediately after
291 redissolution of the dried film, the earlier migrating peak A is the most abundant and aggregation has
292 already started, as two more peaks are present.

293 Transmission electron microscopy (TEM) image taken at t_0 in Figure 1a), representative of three
294 independent experiments, reveals that also fibrils are present in this sample: as the solution is neither
295 stirred nor centrifuged before analysis, it is likely that they are sedimented at the bottom of the anodic vial
296 and thus they are not injected into the capillary, as confirmed by the absence of spikes in the
297 electropherogram. Since oligomers and fibrils are at equilibrium in the brain [9] this protocol better mimics
298 *in vivo* conditions, as compared to protocols that force the apparent formation of monomers [22].

299 According to our previous work [21, 26-28], and following the hypothesis that mass prevails over charge in
300 the migration observed, it is plausible to anticipate that the faster migrating population corresponds to low
301 MW oligomers (peak A), whereas peaks B and C should be higher MW species. Bearing in mind this
302 hypothesis and as a preliminary investigation, four solutions injected in CE (at t_0 , 5.5 h, 81 h and 5 days)
303 have been analyzed by SDS-PAGE/Western Blot (Figure S2). Bands ranging from dimers up to 22-mers are
304 detected. Contrary to CE data, bands relative to large oligomers are observed in WB analyses only at a late
305 stage of the aggregation process. Further, bands corresponding to A β 42 dimers up to tetramers are
306 abundant even at 81 h and 5 days, when the electrophoretic peak A has already totally converted into
307 larger aggregates.

308 Because standards are not available, a quantitative evaluation of the oligomers observed in CE is
309 intrinsically unaccessible. Notwithstanding this limitation, a CE semi-quantitative analysis based on
310 normalized peak area percent [30] is carried out in triplicate: for each monitoring point, SD is lower than
311 9%. In Figure S3a) (Supplementary material), the normalized areas over the entire time span are provided,
312 and in Figure 1b), a focus on the early aggregation times up to 72 hours can be found. Altogether, it is clear
313 that with the progression of the self-assembly process, the putative small oligomers (peak A) are depleted
314 and contribute to the formation of peaks B and C, possibly corresponding to larger species. At later times

315 only peak C is detected. More in detail, peaks B and C are at mutual equilibrium within the first 72 hours:
316 the area of peak B increases and that of peak C decreases and vice versa. This could be well one of the
317 several equilibria hypothesized among oligomers [3, 9], that is kept inside the capillary where species are
318 free to interconvert. The observation of a sharp and efficient peak (peak C) after a broad band such as peak
319 B, may suggest ongoing precipitation and the presence of a spike [22, 25, 41]. However, three pieces of
320 evidence rule out this hypothesis: i) the dynamic equilibrium between peak B and peak C; ii) the high
321 reproducibility of peak C mobility; iii) the UV spectrum taken by DAD detector, similar to that obtained for
322 the other peaks relative to A β peptide (Figure S3b)). At the end of the aggregation process no more peaks
323 are detected by CE, the sample is visibly cloudy and the TEM analysis of the resuspended precipitate reveals
324 the presence of fibrils (Figure 1 a)).

326 3.1.2 Protocol #2

327 DMSO is a highly polar, water-miscible organic solvent which is also commonly used to solubilize A β
328 peptides. In a vast majority of toxicity studies on cells, highly concentrated A β (e.g. 5 mM) is dissolved in
329 100% DMSO and then diluted with PBS [42] or in cell culture medium [12]. Its effect on aggregation is very
330 controversial. Some studies have demonstrated that A β 40 and A β 42 in pure DMSO remain stable in a
331 monomeric α -helical structure and give rise to the so called “unaggregated A β peptides preparations”, or
332 “unaggregated fibril-free preparations” [12, 43], since DMSO prevents the organization of A β in β -sheet
333 structures by hindering the formation of hydrogen bonds [12, 37, 44]. Other experiments instead clarified
334 that 100% DMSO is not sufficient to maintain a monomeric solution [37]. Finally, other papers reported
335 that when pure DMSO is diluted with buffer or water, it can immediately induce the formation of
336 oligomeric aggregates and protofibrils [12, 37]. To shed light on these controversial data, in protocol #2
337 (Figure S1) either pure or phosphate buffer-diluted DMSO is used as redissolution solvent of the HFIP-dried
338 film. As compared to protocol #1, protocol #2 is intended to obtain smaller oligomeric populations or even
339 a single homogeneous monomeric population. The addition of 20% DMSO to A β 42 samples does not affect
340 CE profiles and oligomerization, as compared to the results in Figure 1 a) (data not shown). By addition of
341 either 50% or 100% of DMSO the aggregation process is comparable, thus in Figure 2 only results obtained
342 with 100% DMSO as solubilizing solvent are reported. Peaks are labelled as in the electropherograms of
343 Figure 1 a), because they are identified on the basis of statistically equal electrophoretic mobilities,
344 therefore it is plausible to hypothesize that the size distribution is similar. Peaks A, B and C are detected
345 together with other minor species.
346 Conversely to what claimed by Stine *et al.* in a seminal work [37], here the electropherogram at t0 clearly
347 indicates that sample preparation using HFIP and then pure DMSO does not produce a single, uniform and
348 unaggregated sample. The use of DMSO as solubilizing agent ensures a longer time window where

349 oligomers are kept soluble if compared to that obtained by following protocol #1; in particular, the first
350 migrating population (peak A) is detected at very long times after redissolution. However, neither are fibrils
351 present immediately after solubilization nor at the end of the process: A β 42 prepared according to protocol
352 #2 precipitates as amorphous aggregates after about one month from t₀. This could explain also the
353 observed absence of dynamic equilibrium between oligomers (Figure S4). Another limitation that hinders
354 any further investigation is that the CE data obtained feature a DMSO concentration that is not only toxic
355 for neuroblastoma cells but also chemically incompatible with ultrafiltration devices.

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3.1.3 Protocol #3

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358 By preparing the sample according to protocol #1 multiple equilibria are observed by CE, i.e. that between
359 faster (peak A) and slower (peaks B and C) migrating species and that between the putative bigger
360 assemblies (peak B and peak C). However, the putative small oligomers rapidly contribute to the formation
361 of large aggregates by progressively decreasing peak A area, so that little information about smaller species
362 is obtained.

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363 In order to shift the aggregation process further towards low molecular weight oligomers, A β 42 was
364 solubilized following a protocol previously set up [29]. To accurately replicate what reported by Bartolini *et*
365 *al.* the peptide here used was purchased by the same supplier (Bachem). After preparing the sample
366 according to this protocol (here defined as protocol #3, Figure S1), A β 42 is injected in CE and its self-
367 assembly is monitored over time by an optimized CE method (method B). This method considerably
368 shortens analyses times (less than 7 min), in turn it allows more frequent sampling and improves efficiency.

369
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369 By a multimethodological approach, in [20] authors demonstrated and/or inferred the formation of
370 assemblies ranging from monomers up to decamers immediately after solubilization, and of higher MW
371 oligomers including protofibrils within the first 12-48 hours, before sample precipitation.

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372 In Figure 3a) it is clear that at t₀ the sample already includes at least three main electrophoretic peaks as
373 well as amyloid fibrils, which are observed by TEM. That protocol #3 is less aggregating than the first
374 protocol is also evident: soluble species are detected for longer times, including two earlier migrating and
375 very narrow peaks. This could be explained by the longer contact of lyophilized A β peptide with HFIP and by
376 the treatment with a basic mixture in ACN, so to keep a non amyloidogenic conformation [29].

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377 In Figure 3a), mobilities are calculated as average of 5 independent experiments using three peptide
378 batches from the same supplier. Effective mobilities are statistically different from those reported in Figure
379 1a), except for those of the fastest migrating peak, where values fall within the experimental errors, equal
380 to two times the standard deviation [45]. However, they are labelled as peak 1, 2 and 3.

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382 Analogously to what shown by others [22] minor species are also visible and nevertheless they are not
383 taken into consideration in this study, given the low abundance and the absence of dynamic equilibrium.
384 From electrophoretic traces Figure 3a) and from the graph in Figure 3b) it emerges that the faster migrating
385 population consists of two peaks at dynamic equilibrium: peak 1 slowly contributes to the formation of
386 peak 2. As for protocol #1, the reproducibility of the normalized area percent is very good ($SD < 8\%$). A
387 progressive reduction of both peaks 1 and 2 area is observed, while a slower migrating broad band (peak 3)
388 is built up. Therefore, as compared to protocol #1 (Figure 1), the aggregation is slowed down to such an
389 extent that an equilibrium among the putative small species is appreciable by CE. A β 42 oligomers are
390 soluble for about one month until precipitation into amyloid fibrils.

391
392 An issue that is rarely raised by authors who report studies on A β 42 is the very high variability of
393 commercial peptides with regard to solubility and in turn aggregation properties. To our knowledge, a
394 single systematic study on different A β 42 suppliers, however limited to the effect on fibril polymorfism,
395 was reported [13].

396 In particular methods of synthesis and purification could be source of variability. Notably, batch-to-batch
397 variations in the declared degree of purity may be found, as well as different instructions for standard
398 peptide solubilization within the same supplier and among different suppliers. In our experience this
399 problem can not be neglected and this is the reason why, to support their robustness, all CE data are here
400 averaged on different batches purchased from the same supplier.

401 Notably, when A β 42 supplied by Anaspec is solubilized according to protocol #3, it shows the same
402 electrophoretic profile of the Bachem peptide (data not shown). Conversely, when A β 42 provided by
403 Bachem is solubilized by following protocol #1, precipitation occurs after 30 minutes from t0, when soluble
404 species are not detected, the sample is visibly cloudy and TEM analysis shows fibrils (Figure S5). These data
405 confirm the high variability of synthetic peptides and suggest that a given protocol cannot be applied to any
406 purchased peptide standard but it strongly depends on the supplier. Therefore it is imperative to have a
407 tool suitable to verify peptide solubility.

408 409 **3.2 A β 42 oligomer characterization**

410 *3.2.1 CE analyses of ultrafiltrated samples*

411 Highly reproducible CE analyses of soluble oligomers over a wide time window are the necessary premises
412 for a reliable characterization of the separated species.

413 In order to assign a range of MW to the oligomers analytically separated by CE and prepared by protocols
414 #1 and #3, ultrafiltration experiments are carried out with different cutoff membranes. Solutions to be
415 ultrafiltrated have been selected at appropriate elapsed times from solubilization, depending on the

416 favourable relative abundance of the peak areas observed in CE. In principle ultrafiltration is not devoid of
417 limitations, as it can only assign a molecular weight range and adsorption phenomena may affect sample
418 recovery and data interpretation. Nevertheless this approach is very simple, fast, and CE analyses serve as a
419 control of the oligomeric state, by comparison between unfiltered, retained and filtrated solutions. In
420 general, it is reasonable to consider that, while the amount found in filtrated solutions has to be entirely
421 ascribed to actual filtrated protein material, the amount found in the retained solution can partly be
422 constituted by aggregated peptide adsorbed on the filter and not necessarily retained in virtue of its size.
423 Oligomers ranging from trimers up to dodecamers migrate under peak A (protocol #1): peak A is totally
424 retained on 10 kDa (Figure 4d)), mostly on 30 kDa (Figure 4 c)) and filtrated through 50 kDa membrane
425 (Figure 4 b)). Based on these evidences, the bands corresponding to A β 42 dimers detected by SDS-
426 PAGE/Western Blot (Figure S2) must definitely be ascribed to an artefact due to oligomer disaggregation
427 induced by SDS: as seldom reported [14, 46], it can be concluded that SDS-PAGE, despite its widespread
428 usage, does not mimic the actual conditions in solution. The slower migrating peaks B and C correspond to
429 aggregates smaller than 22-mers and larger than dodecamers, since they are quantitatively recovered in
430 the filtrated solution of 100 kDa cutoff and in the retained solution of 50 kDa cutoff (Figure 4 a) and b)),
431 respectively.
432 Along with what stated for peaks B and C and based on membrane specifications, ultrafiltration on 50 and
433 100 kDa membranes (Figure 4 a) and b)) shows that peak 3 corresponds to aggregates larger than
434 dodecamers and that no aggregates bigger than 100kDa (22-mers) are present in solution. Considering the
435 low recovery of peak 3 in the filtrated solution, it is assumed that part of the peptide is entrapped in the
436 filter. On the other hand, the size distribution of small assemblies is different from protocol #1.
437 Identification of peaks 1 and 2 a from monomers up to hexamers is revealed by electropherograms of
438 samples filtrated on 10 and 30 kDa membranes (Figure 4 d) and c)).
439 Membrane specifications for 30 kDa and 10 kDa devices make us reasonably hypothesize that peaks 1 and 2
440 correspond to monomers and dimers, respectively. By simple ultrafiltration experiments the presence of
441 monomers and dimers in solution, as demonstrated in [20], is confirmed. It is valuable that in this work the
442 presence of soluble A β oligomers is monitored for much longer time

3.2.2 ATR-FTIR characterization of the secondary structure of A β 42 oligomers

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444 The conformational features of the different A β 42 oligomers obtained by protocol #1 and protocol #3 were
445 investigated by ATR-FTIR spectroscopy. This approach provides information on the peptide secondary
446 structures and intermolecular interactions through the analysis of the Amide I band (around 1700-1600 cm⁻¹)
447 mainly due to the stretching vibration of the C=O peptide group [32, 33, 47]. Figure 5a) shows the FSD
448 spectra of the peptide films of A β 42 solubilized by protocol #1 (at 2.5 h) before and after ultrafiltration
449 through a 50 kDa cutoff membrane. The spectra of the whole peptide and of the retained assemblies are

451 characterized by an intense peak around 1630 cm^{-1} and by a minor component around 1695 cm^{-1} , both
452 assigned to β -sheet structures [31]. The intensity of the $\sim 1630\text{ cm}^{-1}$ component decreases in the filtrated
453 solution indicating a lower β -sheet content in this sample (Figure 5a)). The intensity ratio 1695/1630, called
454 β -index, has been suggested to be proportional to the percentage of antiparallel β -sheet in the structure
455 and has been widely employed in the FTIR analyses of A β and other amyloidogenic polypeptides [32]. The
456 β -index values calculated from the baseline corrected FSD spectra of A β 42 solubilized by protocol #1
457 (Figure 5b)) are within the range expected for A β peptide oligomers with a predominantly antiparallel
458 organization of the β -sheets [31, 32, 48]. For a semi-quantitative comparison of the β -sheet content in the
459 different samples, a curve-fitting analysis on the FSD spectra was performed (Figure 5c) and Figure S6-
460 FTIR1). The entire peptide preparation and the retained solution are characterized by a higher amount of β -
461 sheets (average \pm SD: $62.74\% \pm 4.87$ and $66.76\% \pm 1.68$, respectively) as compared to that of the filtrated
462 solution ($48.60\% \pm 3.31$). These findings are in agreement with the characterization obtained by
463 ultrafiltration (Figure 4 b)) and mirror the differences in apparent molecular mass among oligomers
464 filtrated and retained by 50 kDa cutoff membrane.

465 The same ATR-FTIR analyses were performed on the A β 42 peptide solubilized by protocol # 3, immediately
466 after solubilization (Figure 5). This sample is characterized by the lowest amount of β -sheet structures
467 (Figure 5a) and 5c)) and by the highest β -index value (Figure 5b)) as compared to the A β 42 peptides
468 solubilized by protocol #1. We should note that the $\sim 1695\text{ cm}^{-1}$ component is well resolved in the entire
469 peptide and retained solution from protocol #1 while it is more overlapped with the near components in
470 the filtrated solution from protocol #1 and in the entire peptide solution from protocol #3, leading to a
471 possible overestimation of the β -index value, markedly in the last case.

472 Since dehydration can affect the polypeptide secondary structures, particularly in the case of disordered
473 proteins and peptides [49], we performed control experiments to compare the infrared response of A β 42
474 samples measured in form of a thin film (Figure 5 and Figure S6-) with that of A β 42 samples measured in
475 solution (Figure S7). Very similar ATR-FTIR results were obtained with and without solvent evaporation for
476 the entire peptide and retained solution from protocol #1. In the case of the filtrated sample from protocol
477 #1 and of the entire peptide from protocol #3, the analyses of the ATR-FTIR spectra collected in solution
478 indicate a lower content of β -sheets and a higher α -helical/random coil structures (Figure S7), compared to
479 secondary structures of the same A β 42 samples measured as a peptide film (Figure 5, Figure S6). In
480 particular, the content of β -sheet structures of the different A β 42 samples measured in solution was found
481 to decrease in the following order (Figure S7-FTIR2): protocol #1, retained ($65.10\% \pm 3.31$); protocol #1,
482 2.5h ($61.39\% \pm 4.53$); protocol #1, filtrated ($40.32\% \pm 8.03$); protocol #3, t0 ($26.96\% \pm 5.69$). These data are
483 consistent with ultrafiltration results (Figure 4d)). Altogether, the ATR-FTIR analyses of the different A β 42
484 samples measured as a thin peptide film or in solution consistently indicate a progressive increase of the β -

485 sheet structures in the conversion of smaller species into larger assemblies, in agreement with what
486 expected from their size.

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488 **3.3 Toxicity studies**

489 The possibility to isolate aggregates by ultrafiltration also allows to consider these oligomeric populations
490 as independent targets in toxicity tests, i.e. to verify whether aggregates of different size are endowed with
491 different toxicity.

492 *In vitro* and *ex-vivo* toxicity of different A β 42 oligomers is controversial [9, 35, 36]; moreover, in this respect
493 the supplier-to supplier variability of the synthetic A β 42 peptide is not addressed by the literature.

494 First, the ability of A β 42 *in toto* of inducing cell death on SH-SY5Y neuroblastoma cells was verified. For
495 these experiments, cells were exposed to A β 42 (solubilized by following sample preparation protocol #3)
496 after 10 days from solubilization, when both small and large oligomers are present. Compared to the
497 control, 10 μ M A β 42 induced a significant loss of cell viability (average \pm SD : 79.44% \pm 4.12, Figure 6). In
498 the same fashion, toxicity experiments were independently carried out on oligomers filtrated and retained
499 by a 50 kDa membrane (see Figure 4b) as explicative electrophoretic profiles). It is evident that monomers
500 and dimers (peak 1 and 2) do not affect cell viability. Conversely, oligomers bigger than dodecamers (peak 3
501 in the electrophoretic pattern) are responsible for the toxicity of the entire A β 42 peptide, since they induce
502 a cell death to an extent similar to that induced by the peptide *in toto* (cell viability, average \pm SD : 80.09% \pm
503 1.82).

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505 **4. CONCLUSIONS**

506 Notwithstanding decades of research, the relationship between size, structure and toxicity of A β 42
507 oligomers remains unclear, also because of the difficulties in setting-up *in vitro* methods, to study the
508 dynamic formation of such oligomers, to characterize the observed species and to independently assign
509 toxicity. Since our pioneering work [21, 26-28], a few attempts have been made to describe A β 42
510 oligomerization *in vitro* by using CE as the main tool. CE separations published so far are almost exclusively
511 confined to two main oligomeric populations that are rapidly precipitating and for which a dynamic
512 equilibrium is often not demonstrated. These difficulties are unavoidably associated to poor peak area
513 accuracy and reproducibility and make the applications of the methods intrinsically limited.

514 Here we have instead presented, over a wide time window, standardized and very reproducible analyses of
515 soluble oligomeric populations that show multiple equilibria. When prepared by three different protocols,
516 different aggregation dynamics of A β 42 peptide is clearly appreciated and accurately described. By a simple
517 injection in CE we have also shown that a given sample preparation protocol may not be applicable to
518 synthetic A β 42 peptides from different suppliers.

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519 Conversely to what previously found by us, by ultrafiltration experiments followed by CE analyses
520 monomers and dimers are detected using a less aggregating sample preparation (protocol #3), whereas by
521 a more aggregating protocol (protocol #1), trimers represent the smallest specie formed. This finding is in
522 contrast with what obtained by SDS-PAGE Western Blot, as it is highly possible that the formation of
523 dimeric forms of A β 42 is an artefact of SDS-induced disaggregation [14, 46].
524 CE gives immediate access to semi-quantitative data on the proteinaceous material present in solution, on
525 the dynamic formation of soluble oligomeric assemblies over time and on the reproducibility of the
526 process. This means that CE preserves the native state of aggregates and should play a primary role in this
527 kind of studies on aggregating peptides. The isolation of the separated species unequivocally identifies the
528 absence of toxicity of oligomers with an apparent molecular mass lower than 50 kDa, namely equal or
529 smaller than dodecamers, in particular monomers and dimers.
530 For the first time A β 42 oligomers isolated from a solution where they are at dynamic equilibrium are
531 subjected to ATR-FTIR investigations through measurements both as a peptide film and in solution.
532 Interestingly, the differences found in secondary structures are in agreement with the different oligomeric
533 size distribution of the aggregates, as assessed by ultrafiltration. Indeed, α -helical/random coil structures
534 are most abundant in smaller species, whereas a higher β -sheet content characterizes the bigger and more
535 toxic A β 42 assemblies.
536 The integrative use of TEM, ATR-FTIR and cell-based assays clarifies and corroborates the results of the CE
537 analysis. For all these reasons this approach is now adequate and complete enough to identify potential
538 anti-oligomerization molecules and may help screening campaigns in drug discovery for Alzheimer's
539 disease.

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681 **FIGURE LEGENDS**

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683 **Figure 1.** Protocol #1. Oligomerization process of A β 42 monitored over time by CE (method A). a) Top:
684 representative electrophoretic profiles of A β 42 (221 μ M) at different elapsed times from t0 until sample
685 precipitation and average effective electrophoretic mobilities (μ_{eff}) of detected peaks, (n=5 independent
686 experiments). Insets: representative TEM images of amyloid fibrils at t0 and at sample precipitation, (n=3);
687 scale bar: 100 nm. Bottom: average, SD and relative standard deviation (RSD) of μ_{eff} of detected peaks. b)
688 Plot of the normalized peak area % at different elapsed times of peak A, peak B and peak C, during the first
689 30 hours, when dynamic equilibrium is evident. Each monitoring point is in triplicate, error bars correspond
690 to SD.

691 **Figure 2.** Protocol #2. Oligomerization process of A β 42 monitored over time by CE (method A, redissolution
692 in 100% DMSO). Monitoring of A β 42 (221 μ M) aggregation process from t0 up to 28 days, CE traces are
693 representative of n=3 independent experiments. The off-scale EOF signal is truncated for clarity. Inset:
694 representative TEM image of amorphous aggregates observed at t0 and at sample precipitation; scale bar:
695 100 nm.

696 **Figure 3.** Protocol #3. Oligomerization process of A β 42 monitored over time by CE (method B). a) Top:
697 representative electrophoretic profiles of A β 42 (100 μ M) at different elapsed times from t0 until the end of
698 aggregation process, (n=5 independent experiments). Inset: amyloid fibrils identified by TEM analysis at t0
699 and at sample precipitation; scale bar: 100 nm. Bottom: average, SD and RSD of μ_{eff} of detected peaks. b)
700 Plot of the normalized peak area % over time of peak 1, peak 2 and peak 3. Each monitoring point is in
701 triplicate, error bars correspond to SD.

702 **Figure 4.** UF characterization of A β 42 oligomers. Ultrafiltration experiments with a) 100, b) 50, c) 30 and d)
703 10 kDa with A β 42 solubilized by following protocol #1 and protocol #3.

704 **Figure 5.** ATR-FTIR characterization of A β 42 oligomers. a) FSD spectra of different A β 42 preparations
705 showed in the Amide I band. b) The β -index values (intensity ratio \sim 1695/ \sim 1630) calculated from the
706 baseline corrected FSD spectra. c) Total content of the β -sheet structures evaluated by curve-fitting analysis
707 of the FSD spectra. The ATR-FTIR spectra were collected after solvent evaporation, corrected for the buffer
708 absorption and normalized at the Amide I band area before FSD. The reported data refer to the average
709 and standard deviation obtained from three independent A β 42 preparations. Analysed samples: A β 42 from
710 protocol # 1 before ultrafiltration (Prot #1, 2.5h), retained (Prot #1 R, 2.5 h) and filtrated (Prot #1 F, 2.5 h)
711 through a 50 kDa membrane; entire A β 42 peptide solubilized by protocol # 3 (Prot #3 t0).

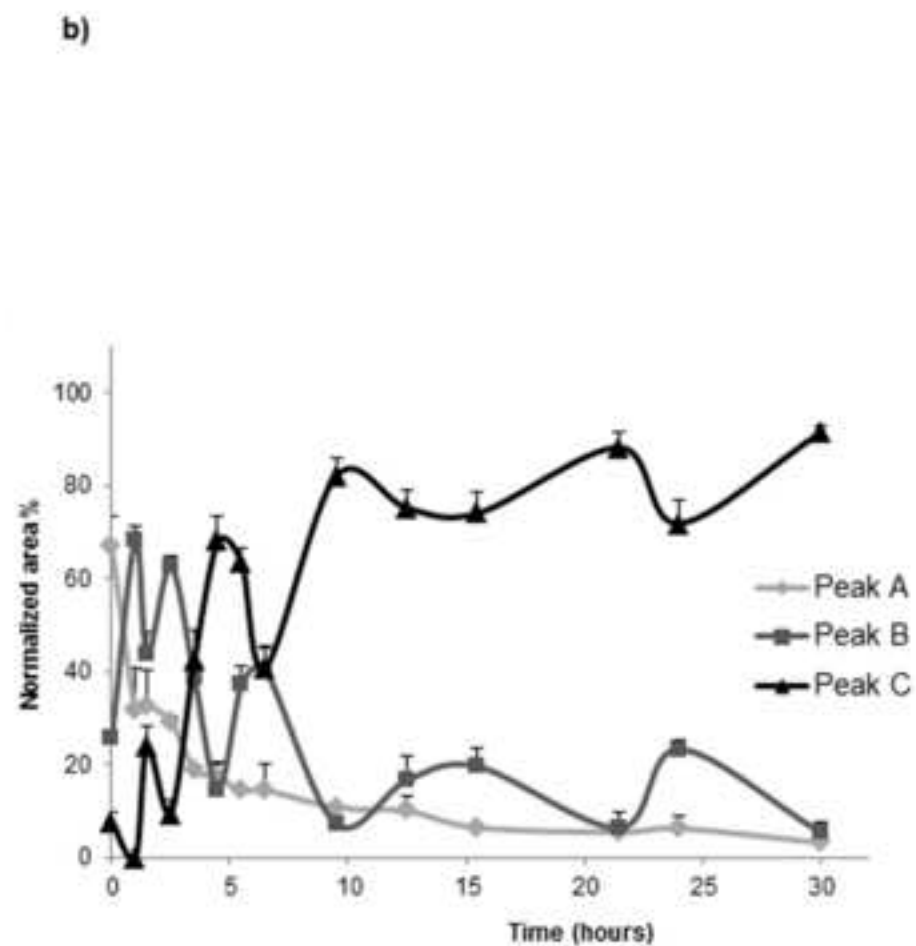
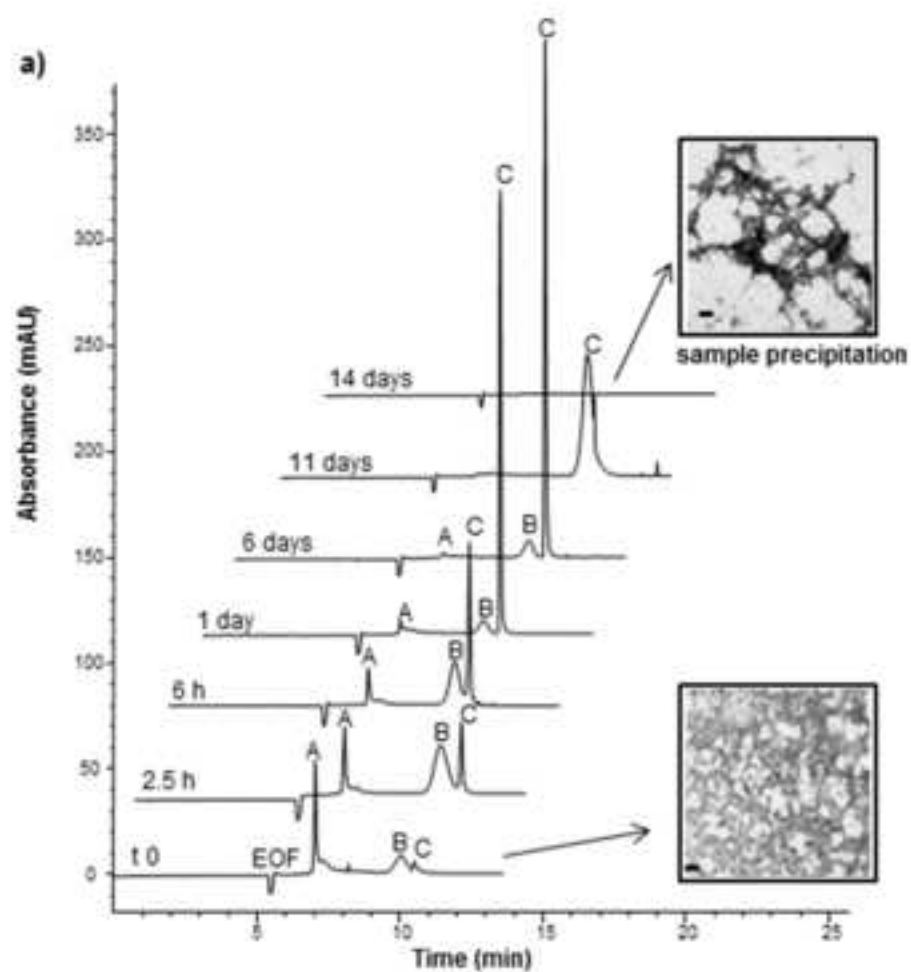
712 **Figure 6.** MTT test. Entire A β 42 peptide and oligomers lower and bigger than 50 kDa (sample preparation
713 protocol #3, 10 days). Data are expressed as cell viability of control, error bars represent SD (n=3).

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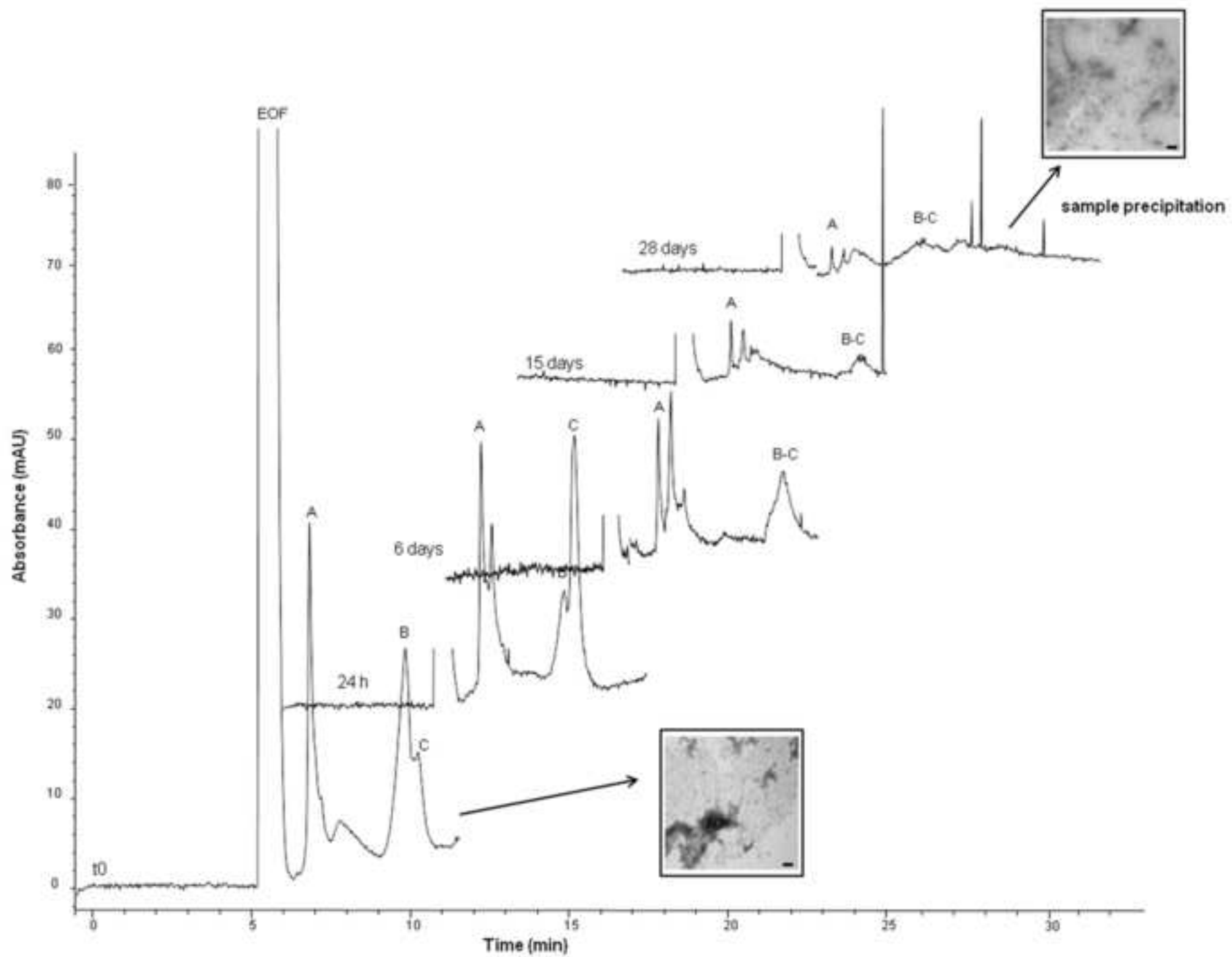
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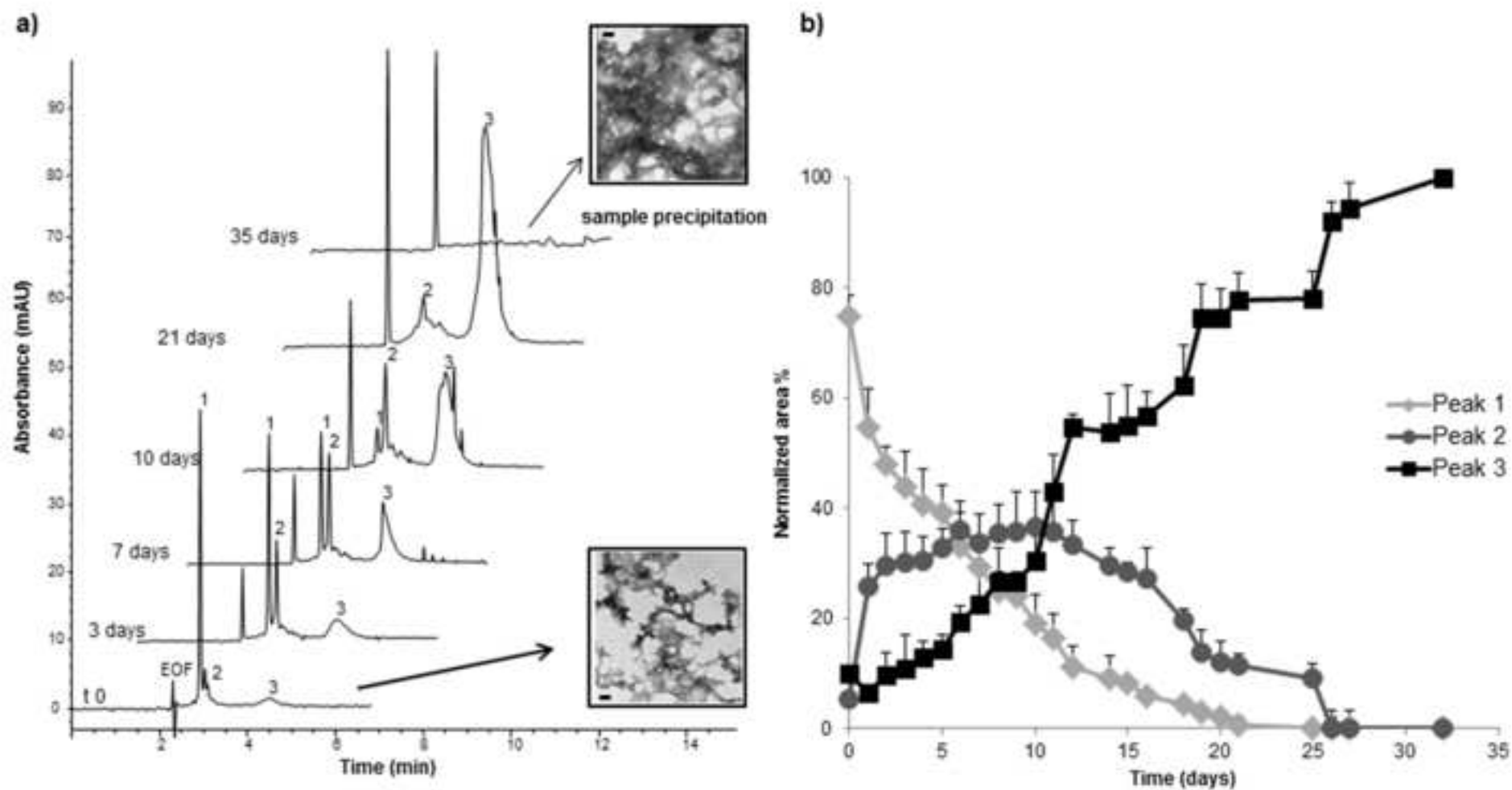
	Peak A	Peak B	Peak C
Average μ_{eff} ($\text{cm}^2\text{V}^{-1}\text{s}^{-1}$)	-9.93×10^{-5}	-2.01×10^{-4}	-2.17×10^{-4}
SD (n=50)	$\pm 5.73 \times 10^{-7}$	$\pm 1.75 \times 10^{-6}$	$\pm 2.17 \times 10^{-6}$
RSD	0.57%	0.87%	0.99%

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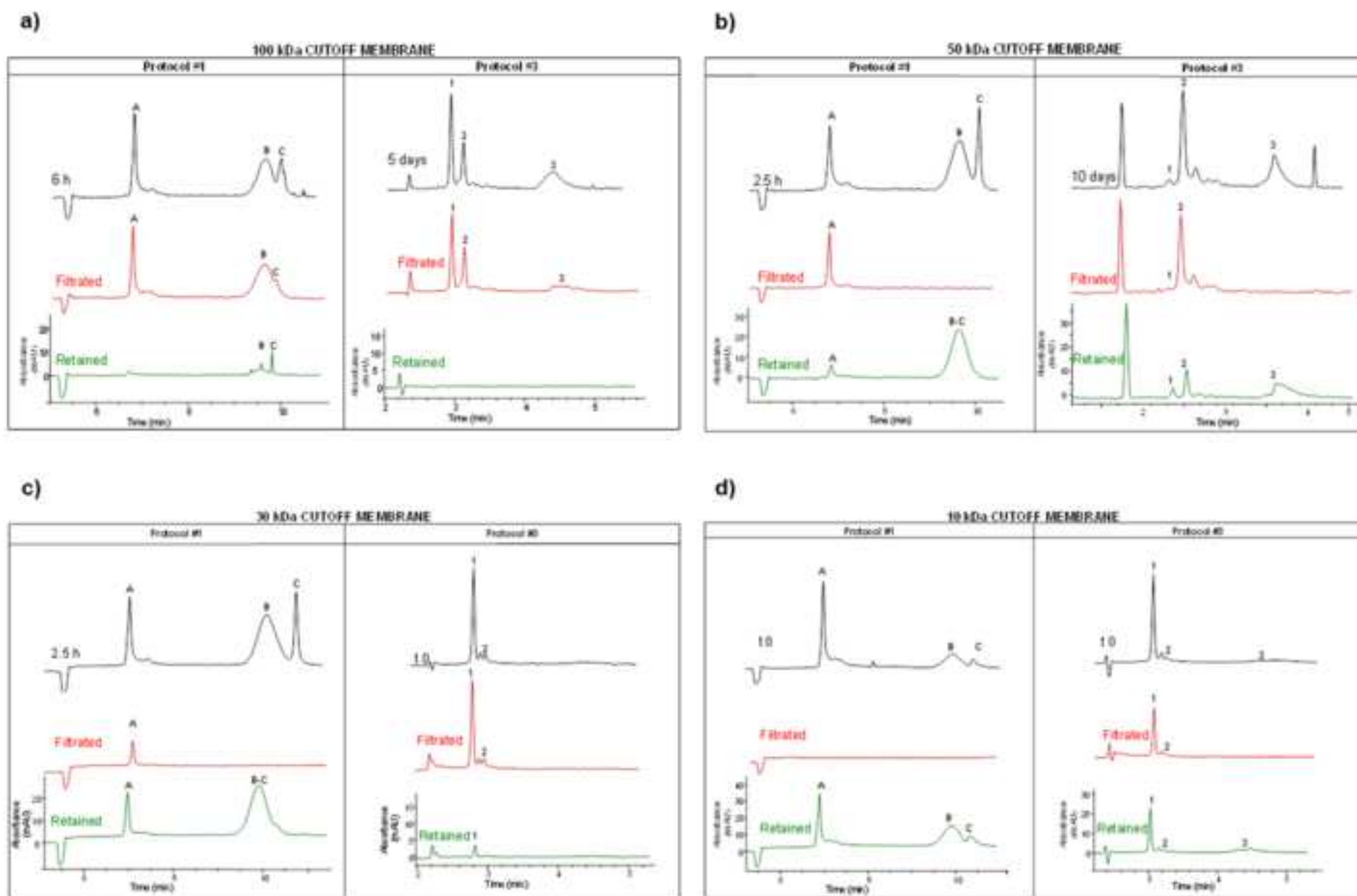


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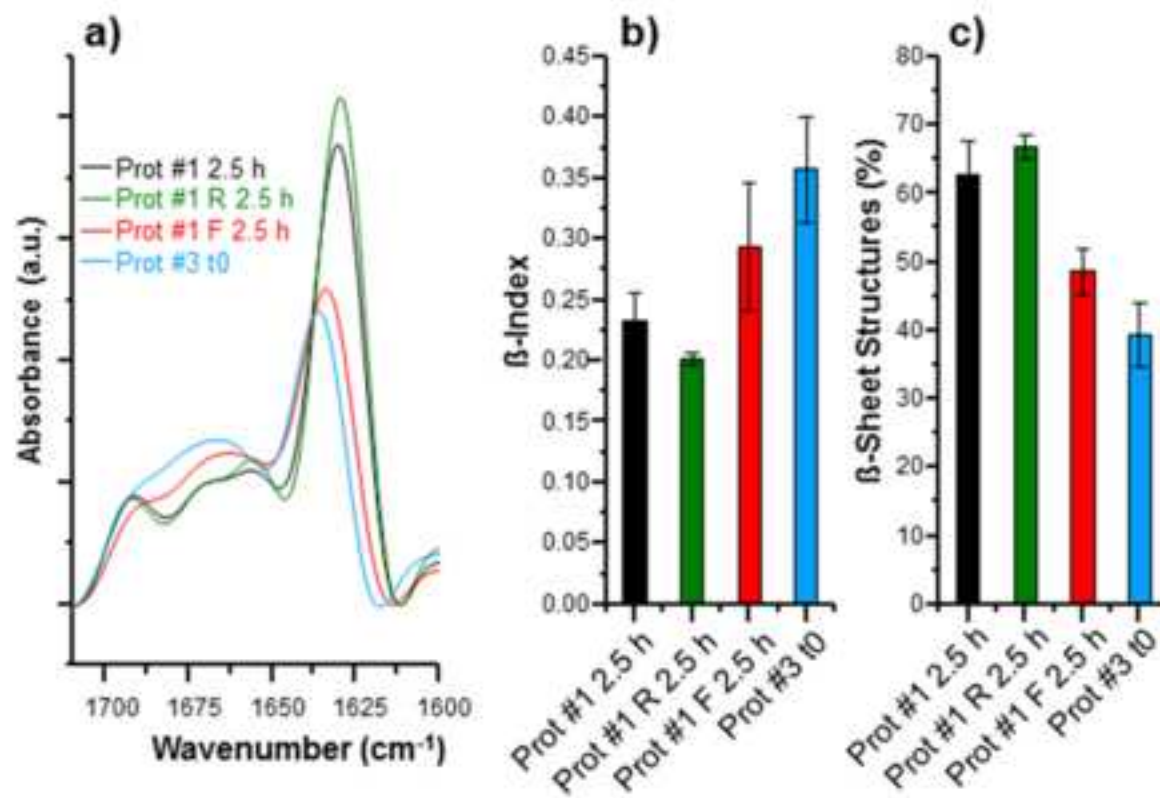


	Peak 1	Peak 2	Peak 3
Average μ_{eff} ($\text{cm}^2\text{V}^{-1}\text{s}^{-1}$)	-9.79×10^{-5}	-1.19×10^{-4}	-2.36×10^{-4}
SD (n=50)	$\pm 5.78 \times 10^{-7}$	$\pm 1.13 \times 10^{-6}$	$\pm 2.18 \times 10^{-6}$
RSD	0.59%	0.95%	0.92%

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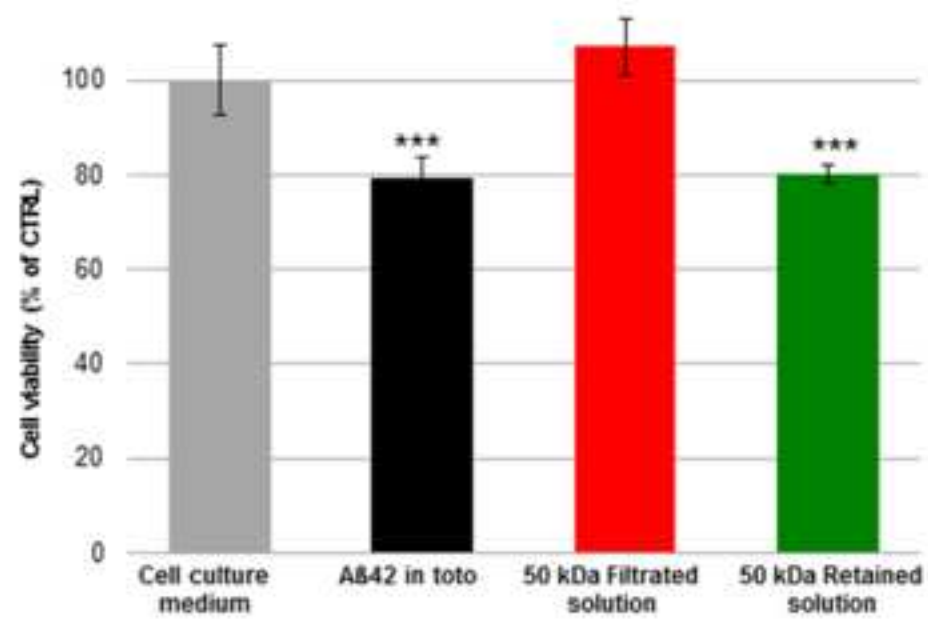
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