

**Barn swallow personality covaries with melanic coloration  
and predicts survival**

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1 **Lay summary**

2 Conspecific individuals may differ in “personality traits”, including boldness, and individual fitness  
3 variation can depend on personality. In this study, barn swallows were subjected to a restraint-  
4 handling protocol and their behavioral response was recorded. Individuals were consistent in  
5 boldness upon repeated manipulations, reflecting boldness in response to predation. Bolder females,  
6 but not males, had larger survival until the next breeding season and, in both sexes, bolder  
7 individual showed darker ventral plumage coloration.

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# 9 **Barn swallow personality covaries with melanic coloration and** 10 **predicts survival**

## 12 **Abstract**

13 Conspecific individuals often consistently differ in their behavioral responses to specific exogenous  
14 stimuli. Such individual differences in ‘personality’ have been shown to be heritable, suggesting  
15 that selection maintains variation in personality traits. However, survival selection on a major  
16 personality trait, boldness, and its sex-dependency, has been seldom measured in the wild. Here we  
17 found that yearling barn swallows (*Hirundo rustica*) showed consistency in boldness upon repeated  
18 exposure to a restraint-handling protocol, likely reflecting boldness in response to predation, and  
19 that males were bolder than females. Females that exhibited bolder behavior were more likely to  
20 survive until the next breeding season with no variation among three study years nor across seven  
21 breeding colonies, suggesting that variation in boldness is not maintained by spatio-temporal  
22 variation in viability selection on boldness. In both sexes, the intensity of melanin-based ventral  
23 plumage coloration positively covaried with boldness, consistently with previous observations from  
24 diverse vertebrate species. In some barn swallow populations, male coloration is targeted by  
25 directional intersexual selection, suggesting that melanization signals boldness to prospecting  
26 females and that sexual selection for boldness, or other correlated personality traits, can drive the  
27 evolution of sexual color dimorphism in barn swallows. Thus, we showed that viability selection  
28 occurs on boldness in response to predation and that spatio-temporal variation in selection has no  
29 major role in promoting variation in boldness. More melanized individuals were bolder, implying  
30 that melanization may signal personality in a sexual communication context in a sexually dimorphic  
31 species where male coloration is an epigamic trait.

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33 **Keywords:** Boldness, *Hirundo rustica*, melanin-based coloration, personality, plumage color,  
34 survival.

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## 35 **Introduction**

36 Individuals do not often exhibit the full range of behavioral phenotypic trait values that exist in the  
37 population to which they belong (Réale and Dingenmanse 2010). Independently of age, sex and  
38 previous experience, limits to individual behavioral flexibility thus normally result in within-  
39 individual consistency in the expression of the same behavioral traits upon repeated exposure to the  
40 same environmental or social stimuli. Individuals are therefore said to differ in ‘personality’ or  
41 ‘temperament’ (Dall et al. 2004; Sih et al. 2004; Groothuis and Carere 2005; Réale et al. 2007;  
42 Dingenmanse et al. 2010; e.g. Thys et al. 2017). Personalities have been observed along several  
43 behavioral axes of variation, such as aggressiveness, risk-taking, activity and exploration, and  
44 sociality (Bell and Sih 2007; Réale et al. 2007; Koolhaas et al. 1999), and has been documented in a  
45 broad diversity of vertebrate and invertebrate taxa (see Gosling 2001; Bell et al. 2009; Dall and  
46 Griffith 2014 for reviews). Variation in personality is often shown to possess a heritable genetic  
47 component, as suggested by correlational and experimental (e.g. artificial selection) studies (e.g.  
48 Dochtermann et al. 2015), although epigenetic processes may contribute to observed  
49 transgenerational variation (Verhulst et al. 2016).

50 Personality is often assumed to cause individual fitness variation, as differences in traits like  
51 exploration, aggressiveness, risk-taking when confronted with predators or sociality are expected  
52 not to be selectively neutral. Several studies have addressed the issue of how variation in  
53 personality traits is translated into variation in important traits like natal dispersal, habitat use, and  
54 social and sexual behavior (Réale et al. 2007; Biro and Stamps 2008; Smith and Blumstein 2008;  
55 Schuett et al. 2010), under the assumption that these life-history traits affect individual fitness.  
56 However, to date, studies showing a relationship between personality as measured in the field (i.e.  
57 not on individuals maintained in artificial captivity conditions) and major fitness components, such  
58 as reproductive success and survival, in the wild are still relatively rare, and even fewer studies have  
59 tested for temporal and spatial variation in the relationship between personality and major fitness

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3 60 components (Dingemanse et al. 2004; Dingemanse and Réale 2013; Mutzel et al. 2013; Patrick and  
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5 61 Weimerskirch 2014; Niemelä et al. 2015; Habig et al. 2017; Wetzel 2017; but see Bijlveld et al.  
6  
7 62 2014).

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10 63 Heritability of personality traits raises the question of the mechanisms that contribute to  
11  
12 64 maintenance of their genetic variation within populations (Carere and Mastroianni 2013;  
13  
14 65 Doehrmann et al. 2015). Genetic variation in personality may persist, among other processes,  
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16 66 because of individual-level variation in optimal solutions to life-history trade-offs (McElreath and  
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18 67 Strimling 2006; Stamps 2007; Wolf et al. 2007), under condition- (or state-) dependent selection  
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20 68 (Gross, 1996), or because of negative frequency-dependent selection, whereby specific personalities  
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22 69 are favoured as they tend to become rare in the population. Selection on personality traits can also  
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24 70 occur in sexual contexts, and sexual selection has been suggested also to promote individual level  
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26 71 variation in personality (Schuett et al. 2010). Furthermore, genetic variation in personality can be  
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28 72 maintained by spatial and temporal environmental heterogeneity, because selection on specific  
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30 73 personality traits can vary in direction during time or between habitats in local demes that are  
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32 74 connected by gene flow (Quinn et al. 2009; Dingemanse and Réale 2013; Nicolaus et al. 2016a).

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36 75 Personality traits have also been often found not to vary independently from one another, rather  
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38 76 showing covariation at the individual level, extending the idea of individual differences in  
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40 77 personality to constellations of functionally different traits like aggressiveness, risk-taking and  
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42 78 exploration, and sociality (Réale et al. 2007; Sih et al. 2004; Wolf and Weissing 2012; Corti et al.  
43  
44 79 2017). Thus, personality traits appear to be organized in 'behavioral syndromes' that vary along  
45  
46 80 complex behavioral *continua*, like the so-called proactive-reactive axis (Koolhaas et al. 1999; Sih et  
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48 81 al. 2004; Groothuis and Carere 2005; Réale et al. 2007; Wolf and Weissing 2012). Proactive  
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50 82 individuals are generally bolder and more aggressive than reactive ones, tending to dominate and  
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52 83 outcompete them in a stable environment (Koolhaas et al. 1999; Reale and Festa-Bianchet 2003).  
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54 84 The existence of behavioral syndromes strongly suggests that different traits share underlying  
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3 85 genetic and physiological mechanisms of control, that are expressed in different contexts (Koolhaas  
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5 86 et al. 1999), and the hypothalamo-pituitary-adrenal axis of response to stress has been advocated as  
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7 87 a potential major mechanism causing associations between personality traits (Carere et al. 2003;  
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9 88 Cockrem 2007).

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12 89 A further level of complexity in the organization and evolution of personalities and behavioral  
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14 90 syndromes has been suggested by the observation that particular personality traits covary with  
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16 91 morphological traits including for example melanin-based coloration. In vertebrates, darker  
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18 92 individuals are often observed to show more proactive (as oppose to reactive) behavior (Saino and  
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20 93 Scatizzi 1991; Roulin 2004; Ducrest et al. 2008). Mostly positive correlations have been found  
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22 94 between melanic coloration and personality traits, including aggressiveness and boldness,  
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24 95 exploratory and anti-predator behavior, in fishes, tortoises and lizards, and birds (Quesada and  
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26 96 Senar, 2007; Kittilsen et al., 2009; Mafli et al., 2011; van den Brink et al., 2011; Mateos-Gonzalez  
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28 97 and Senar, 2012; van den Brink et al., 2012; Williams et al., 2012; Da Silva et al., 2013; Mõnus et  
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30 98 al., 2016; Nicolaus et al., 2016b; Winters and Jawor, 2017; but see e.g. Kingma et al., 2008) (see  
31  
32 99 Roulin 2004; Ducrest et al. 2008). The observation that the covariation among traits extends beyond  
33  
34 100 behavior to encompass other sets of traits discloses the possibility that personality traits evolve in  
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36 101 conjunction with morphological traits that are relevant in natural selection contexts (e.g. predator-  
37  
38 102 prey interactions) or in socio-sexual communication contexts. For example, personality traits may  
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40 103 evolve under selection on signaling mediated by coloration, if coloration signals temperament in  
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42 104 social interactions or during the mate choice process (Schuett et al. 2010).

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47 105 From an ultimate perspective, the association between coloration and behavior may arise because of  
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49 106 correlational selection (Broodie et al. 1995). At a proximate, mechanistic level, covariation between  
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51 107 personality traits and melanic coloration could be mediated by the melanocortin system, because  
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53 108 post-transcriptional products of the proopiomelanocortin (POMC) gene interact not only with the  
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55 109 melanocortin 1 receptor (MC1R), which is involved in melanogenesis, but also with four other  
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3 110 receptors (MC2R-MC5R) which are involved in the regulation of other traits including the HPA-  
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5 111 axis, aggressiveness, physical activity and immunity (Ducrest et al. 2008). We may therefore expect  
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7 112 that melanin-based coloration and personality traits form a suite of integrated traits that covary  
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9 113 within individuals (Nicolaus et al. 2016a).

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12 114 The first main aim of the present study was therefore to test for a relationship between behavioral  
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14 115 response to a standardized restraint-handling protocol by adult (1-year old) free-living barn  
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16 116 swallows (*Hirundo rustica*) upon capture at their breeding colony and survival. Behavior during  
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18 117 handling, as measured in terms of agitation, vocalization and aggressiveness towards the handler's  
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20 118 was assumed to reflect boldness towards a predator (hereafter 'boldness' for brevity). A restraint-  
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22 119 handling protocol has been used to measure handling aggression in previous studies on other  
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24 120 species (Brommer and Klueen 2012; Fresneau et al. 2014; Klueen et al. 2014; see also Réale et al.  
25  
26 121 2000). Within-individual consistency in boldness was assessed by testing a subsample of  
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28 122 individuals upon repeated captures. We expected that boldness positively predicted the odds of  
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30 123 annual survival, i.e. survival from the breeding season when boldness was measured till the next  
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32 124 breeding season, that could be estimated with high accuracy thanks to the extremely high breeding  
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34 125 philopatry recorded in our study population (Møller 1994). In addition, we tested if the relationship  
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36 126 between boldness and survival varied across three annual selection episodes and across seven  
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38 127 breeding colonies with different densities and micro-ecological conditions.

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42 128 The second main aim of the present study was to test if boldness of adult barn swallows after the  
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44 129 restraint-handling protocol is related to melanic coloration. Both male and female adult barn  
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46 130 swallows considerably vary in melanic coloration, particularly of the ventral plumage, that varies  
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48 131 from white to chestnut (Turner 2006). Coloration is determined by both pheo- and eumelanin, and is  
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50 132 consistent within individuals between years, i.e. after consecutive molts (Costanzo et al. 2017; our  
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52 133 unpubl. data). In the same barn swallow population that we studied here, natal dispersal, which is  
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54 134 considered a reflection of personality along the exploration behavioral axis, has been shown to  
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3 135 positively correlate with ventral plumage melanic coloration (Saino et al. 2014). In addition,  
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5 136 coloration of barn swallows has been shown to covary both with circulating corticosterone levels  
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7 137 and with change in corticosterone levels after acute restraint stress, suggesting that an association  
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9 138 may exist between coloration and personality traits that are proximately controlled by the HPA  
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11 139 stress response axis (Saino et al. 2013a). Hence, there is evidence that adult barn swallow coloration  
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13 140 covaries with personality and that it is related to one of the main physiological mechanisms that  
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15 141 putatively control the expression of personality. Based on previous observations on the covariation  
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17 142 between personality and coloration in other species (see above), we expected boldness to increase  
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19 143 with the extent of melanic coloration, with no specific prediction on differences in this relationship  
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21 144 between males and females.  
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**146 Methods**

147 We studied 1-year old barn swallows breeding at a total of seven colonies (= farms) in an area  
148 located approximately 50 km West of Milan (Northern Italy) during 5 years. In all study years  
149 (2013-2017) we captured all the breeding individuals by two capture sessions per farm, conducted  
150 by placing, in the early morning (04:00 a.m.-05:00 a.m.), mist nets at all exits of the rural buildings  
151 where barn swallows breed and spend the night. Breeding adults are highly philopatric and do not  
152 switch to other farms to breed in consecutive years (Møller 1994; Saino et al. 1999), whereas the  
153 young usually disperse from their natal to other colonies (Møller 1994; Turner 2006); thus,  
154 exhaustive capture of the breeding adults every year allowed us to assign age 1 year to the  
155 individuals that had not been captured in the previous year, and to consider dead the individuals that  
156 were not recaptured during a particular year (Romano et al. 2016).

157 Individual colonies varied in several ecological factors, including presence and number of cattle  
158 heads and other domestic animals, which are known to affect barn swallow breeding habitat choice  
159 (Ambrosini et al. 2002, 2012), presence and disturbance by humans working inside or living nearby  
160 the rural buildings where colonies are settled (our personal observation), quality of the agricultural  
161 habitats where barn swallows forage (Ambrosini et al. 2002, Sicurella et al. 2012), presence of bird  
162 and mammalian predators (our personal observation), as well as in the number of pairs breeding in  
163 the colony.

164 Individuals that were caught were removed as soon as possible (usually within 3 min) from the net  
165 and placed individually in cloth bags. Individuals were then processed sequentially to ring them,  
166 measure morphological variables, estimate ectoparasite abundance, collect a blood sample by  
167 puncturing the brachial vein and collect a sample of feathers for coloration analyses. All the  
168 individuals were subjected to the same measurements and handled always by the same person for  
169 approximately the same amount of time (ca. 5 min). During handling, the birds showed different

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3 170 levels of agitation apparently in an attempt to escape from the handler. At the end of the handling  
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5 171 procedure, before releasing the bird, the handler scored boldness into the following ordinal levels.

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7 172 0: the bird stayed still in the hand;

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9 173 1: the birds only moved the legs;

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11 174 2: the birds moved its legs and tried to move its body and flap its wings, as could be sensed directly  
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13 175 by the handler's hand, and grasped the handler's fingers;

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15 176 3: the birds frequently moved its legs and tried to move its body and flaps the wings;

16  
17 177 4: the bird vigorously moved its body and tried to escape by flapping the wings; it also shook its  
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19 178 head and whole body in an attempt to escape;

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21 179 5: as in 4 but the bird also vocalized and pecked at the handler's hand.

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23 180 Boldness was also measured a second time on some birds at a later recapture (mean time elapsed  
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25 181 between the first and the second measurement for males: 31.8 days (3.8 SD); females: 32.3 days  
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27 182 (2.9 SD)), to test for within-individual consistency in boldness score.

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29 183 The order in which the birds were processed was independent of coloration, as the birds were  
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31 184 extracted from the bags haphazardly with respect to their coloration and we have no reason to  
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33 185 speculate that the order in which the bags had been hang was associated with coloration of the bird  
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35 186 that they contained. We are therefore convinced that the order in which the birds were processed,  
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37 187 and thus the time that they spent in the bag before being processed, which could affect their  
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39 188 behavior during handling, did not produce any bias in the results and could only produce 'white'  
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41 189 noise.

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43 190 The sample for the analysis of boldness in relation to coloration was collected over four years  
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45 191 (2014-2017; range of yearly sample sizes pooled across colonies: 90-109) and across 7 colonies  
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47 192 (range of sample sizes for individual colonies pooled across years: 1-110). The sample for the  
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49 193 analysis of survival in relation to boldness was collected over 3 annual intervals (2014-2015, 2015-

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3 194 2016, 2016-2017; range of yearly sample sizes: 72-108) and across 7 colonies (range of sample  
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5 195 sizes for individual colonies: 1-65). Large variation in sample sizes among colonies merely reflects  
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7 196 the fact that colonies considerably differed in size.  
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12 198 *Coloration analysis*  
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15 199 Reflectance of one, randomly chosen, ventral feather, was recorded by using an Avantes DH-2000  
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17 200 spectrometer as described in Saino et al. (2013b, c). Coloration was quantified by processing  
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19 201 reflectance data according to the tetrahedral color space model (Goldsmith 1990) using  
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21 202 TetraColorSpace program (Version 1a; Stoddard and Prum 2008) implemented in MATLAB 7  
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23 203 (MathWorks, Natick, MA). Each color vector in the tetrahedral color space is described by the  
24  
25 204 spherical coordinates  $\vartheta$  and  $\phi$ , representing the human-visible and the ultraviolet components of  
26  
27 205 color, respectively, and  $r_A$ , representing color saturation (Stoddard and Prum, 2008). In the range of  
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29 206 color of barn swallow ventral feathers higher  $\vartheta$  values represent a paler coloration (Saino et al. 2013  
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31 207 b, c). Estimates of tetrahedral coloration components are highly repeatable within feathers, as  
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33 208 assessed by measuring twice the same feather ( $r > 0.73$ ,  $n = 45$  individuals). In addition, coloration  
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35 209 is also repeatable between different feathers from the same ventral region ( $r > 0.74$ ,  $n = 10$   
36  
37 210 individuals) (Saino et al. 2013b). Finally, coloration estimates obtained from a single plucked  
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39 211 feather is strongly correlated with coloration estimates obtained by overlapping three ventral  
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41 212 feathers and directly on the bird's body. This was assessed by first measuring coloration on a  
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43 213 sample of specimens that were found dead in the field and then measuring coloration on the feathers  
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45 214 collected from the same region where coloration on the specimen had been measured (correlation  
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47 215 coefficients between the color variable values obtained by the three measurements:  $\vartheta$ :  $r > 0.88$ ,  $n =$   
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49 216 14 individuals;  $\phi$  and  $r_A$ :  $r > 0.91$ ,  $n = 14$  individuals, Romano et al. 2015).  
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57 218 *Statistical analyses*  
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3 219 Consistency of boldness scores between the two captures was analyzed using a non-parametric  
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5 220 correlation approach (Kendall's  $\tau$  analysis); dependency of behavioral consistency according to sex  
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7 221 was tested by z-test after transformation of  $\tau$  into Pearson's r-values (Walker 2003).  
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10 222 Survival of 1-year old individuals to the following breeding season was analyzed in generalized  
11  
12 223 linear mixed models while assuming a binomial error distribution and a logit link-function as  
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14 224 implemented in PROC GLIMMIX of SAS 9.3 statistical package. Survivors were scored as 1 while  
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16 225 non-survivors were scored as 0. In the models, we included sex as a factor, boldness as a continuous  
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18 226 covariate and their interaction effect. In addition, colony or year were included as random effect  
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20 227 factors in the models. To test for the effect of the random terms, we applied Laplace approximation  
21  
22 228 to estimate likelihoods and then applied likelihood ratio tests comparing the model containing either  
23  
24 229 random effect (to avoid convergence problems in estimation procedures) with the model that only  
25  
26 230 contained the random intercept effect. Because boldness was in fact an ordinal variable, we also  
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28 231 repeated the analysis of the relation to survival using a non-parametric correlation approach  
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30 232 (Kendall's  $\tau$  analysis) on each sex separately. Comparison between Kendall's  $\tau$  values was  
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32 233 performed by z-test after transformation of  $\tau$  into Pearson's r-values according to Walker (2003).  
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36 234 To test for among-years and among-colonies variation in the slope of the relationship between  
37  
38 235 survival and boldness, we applied random slopes models on either sex separately by also including  
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40 236 boldness as a random effect. We tested for significance of variation in the slopes by comparing the  
41  
42 237 likelihood (estimated with Laplace approximation) of model including the random term of boldness  
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44 238 with that including only the random intercept effect.  
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48 239 To model the relationship between boldness score recorded during handling and coloration we  
49  
50 240 applied logistic regression analysis for ordinal data as implemented in PROC LOGISTIC of SAS  
51  
52 241 9.3, while adopting a proportional odds model and a cumulative logit link function. In the models,  
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54 242 we initially entered year, farm and sex as factors and each tetrahedral coloration component at a  
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56 243 time as covariates. In addition, we included the interaction term between sex and individual  
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3 244 coloration components. Thus, one separate model was run for each coloration variable. The non-  
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5 245 significant interaction was then removed from the models as its effect was never found to attain  
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7 246 statistical significance. The assumptions to apply a proportional odds model were always met, as  
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9 247 shown by the score test ( $\chi^2$  values associated to  $P > 0.33$  in all cases). This implies that all the  
10  
11 248 response functions had a common parameter associated to the individual coloration variables. This  
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13 249 analysis considers the factors (year, farm and sex) as fixed-effect terms. We did not rely on a mixed  
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15 250 modelling approach, while considering year and farm as random-effect factors, because ordinal  
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17 251 multinomial mixed-effects modelling of boldness (using PROC GLIMMIX in SAS 9.3) invariably  
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19 252 led to converge problems in likelihood estimation.  
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## 254 **Results**

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256 Boldness scores at first capture were strongly positively correlated with those at a later recapture, as  
257 assessed in a subsample of the birds that were used for analysis of the association of boldness with  
258 survival or coloration (males:  $\tau = 0.54$ ,  $N = 31$ ,  $P = 0.0003$ ; females:  $\tau = 0.67$ ,  $N = 29$ ,  $P < 0.0001$ ).  
259 The strength of the correlation between boldness scores recorded at consecutive tests did not differ  
260 between males and females ( $z = 1.36$ ,  $P = 0.17$ ).

261

### 262 *Boldness and annual survival*

263 Survival from the breeding season when boldness was assessed to the next breeding season was  
264 differentially predicted by boldness scores in either sex (Table 1; Fig. 1). Survival significantly  
265 positively covaried with boldness in females whereas the relationship for males was not statistically  
266 significant (Table 1; Fig. 1). In the same model, survival significantly varied among the seven study  
267 colonies. A model where the effect of year rather than that of colony was included as a random  
268 effect confirmed the differential effect of boldness on survival of individuals of either sex  
269 (interaction between boldness and sex:  $F_{1,261} = 4.18$ ;  $P = 0.0419$ ) and also disclosed a significant  
270 effect of year ( $\chi^2_1 = 4.42$ ,  $P = 0.036$ ). Kendall's  $\tau$  correlation analysis confirmed the significant  
271 relationship between survival and boldness for females ( $\tau = 0.29$ ,  $N = 129$ ,  $P = 0.0008$ ) but not for  
272 males ( $\tau = 0.03$ ,  $N = 138$ ,  $P = 0.699$ ). The difference in the correlation coefficients recorded for  
273 females and males was highly significant ( $z = 3.42$ ,  $P = 0.0006$ ). Consistency of among-years and  
274 among-farms relationships between survival and boldness scores was tested in random slopes  
275 binomial linear mixed models on either sex separately (see *Statistical analyses*). The slope of the  
276 relationship did not vary among farms for both males ( $\chi^2_1 = 0.00$ ,  $P = 0.99$ ) and females ( $\chi^2_1 = 0.52$ ,  
277  $P = 0.471$ ). Similarly, there was no significant variation in the slopes of the relationship among

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3 278 years for males ( $\chi^2_1 = 0.00$ ,  $P = 0.99$ ) or females ( $\chi^2_1 = 0.87$ ,  $P = 0.351$ ). Hence, the relationship  
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5 279 between survival and boldness was consistent among years and breeding ecological conditions.  
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10 281 *Boldness and melanic coloration*

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12 282 Boldness was greater in individuals that had darker ventral plumage coloration in the ‘visible’  
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14 283 spectrum (Table 2, Fig. 2), had larger reflectance in the UV (Table 2), and also had larger color  
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16 284 saturation (Table 2). In addition, independently of coloration, boldness was found to be larger in  
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18 285 males as compared to females (Table 1; Fig. 3). The statistical effect of coloration on boldness did  
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20 286 not vary with sex, as shown by the invariably non-significant sex-by-coloration interaction terms  
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22 287 ( $\chi^2_1 < 1.18$ ,  $P > 0.27$  for all coloration variables) that were excluded from the models (see  
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24 288 *Statistical analysis*). Hence, a unit increment in coloration variables translated into a similar change  
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26 289 in the log odds of boldness level in either sex. In these analyses, the effect of colony was never  
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28 290 found to be statistically significant and was therefore excluded from the models. However, we  
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30 291 found a significant effect of year on boldness (Table 2). When included in the model, the effect of  
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32 292 the interaction between year and coloration was invariably statistically non-significant ( $\chi^2_1 < 1.32$ ,  
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34 293  $P > 0.72$  for all coloration variables). Thus, the relationship between coloration and boldness was  
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36 294 similar across all four study years.  
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3 296 **Discussion**  
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8 298 Boldness of individual adult barn swallows in response to restraint and handling, which we interpret  
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10 299 as related to proactivity in anti-predator behavior, was consistent over time within the same  
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12 300 breeding season. This suggests that individuals consistently differ in a behavioral trait relevant in an  
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14 301 ecological context, because predation is likely to be a major source of mortality (Møller 1994;  
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16 302 Turner 2006; Newton 2008; our unpublished observation) . Variation in this personality trait has  
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18 303 been documented also in other species (e.g. Sih et al. 2004; Maflí et al. 2011; Zao et al. 2016). In  
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20 304 addition, our present study showed that consistency in behavior, measured as the strength of the  
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22 305 correlation between behavioral scores at consecutive tests, did not differ between the sexes.  
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24 306 However, boldness *per se* was larger in males than in females. Moreover, consistency in the  
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26 307 individual behavioral response to stressful conditions is coherent with the findings of a previous  
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28 308 experimental work carried out on nestlings of the same barn swallow population focus of the  
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30 309 present study (Corti et al. 2017).  
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34 310 Sex-dependent variation in personality has been shown to differ considerably between species and  
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36 311 traits (Carere et al. 2005; Saino et al. 2014; Devost et al. 2016; Edwards et al. 2016; Lermite et al.  
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38 312 2017; see Schuett et al. 2010). Proximately, sex-differences in personality can depend on sex-  
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40 313 differences in androgen profiles (see Hau and Goymann 2015). Larger boldness of males may be  
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42 314 selected for if more proactive males are favoured in intra- or in inter- sexual selection. Female mate  
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44 315 preference for darker, more melanized males observed in some barn swallow populations (Turner  
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46 316 2006; Romano et al. 2017), including the population where the present study was performed  
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48 317 (Parolini et al. 2017) and the relationship between melanization and boldness may suggest that  
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50 318 boldness, or other correlated personality traits of males, as signaled by melanization, are targeted by  
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52 319 directional female mate preference, which drives the evolution of color sexual dimorphism in this  
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54 320 species (see also below).  
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3 321 Boldness positively predicted annual survival in females but not males. Few studies of personalities  
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5 322 have specifically looked at sex-dependent variation in the relationship between personality and  
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7 323 major fitness traits. For example, in wandering albatrosses (*Diomedea exulans*), boldness  
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9 324 differentially predicted the decline in reproductive success with age (Patrick and Weimerskirch  
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11 325 2015). In black browed albatrosses (*Thalassarche melanophrys*) personality traits have been shown  
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13 326 to have sexually antagonistic effects on fitness (Patrick and Weimerskirch 2014) (see also Biro and  
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15 327 Stamps 2008; Smith and Blumstein 2008; Fresneau et al. 2014). These studies have mainly focused  
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17 328 on fitness traits that inherently differ between the sexes, like clutch and thus brood size. Few studies  
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19 329 have reported a differential association between survival and personality between the sexes. For  
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21 330 example, in great tits (*Parus major*) the relationship between survival and exploratory behavior  
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23 331 differed between males and females, with the difference being reversed between good and poor  
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25 332 years (Dingemanse et al. 2004). The observation that in barn swallows boldness only predicted  
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27 333 survival in females but not males was rather unexpected because there is no published evidence that  
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29 334 either sex incur different mortality costs from predation. Such apparent sex-dependency of the  
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31 335 relationship between boldness and survival is unlikely to depend on power of the statistical tests  
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33 336 because the analysis of males involved a large number of individuals, that was even slightly larger  
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35 337 than for females, and the statistical test of the association between survival and boldness in males  
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37 338 was far from significance. In addition, variance in aggression scores did not seem to be smaller for  
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39 339 males than for females (see number of males or females with different aggression scores in Figure  
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41 340 1). Thus, lack of statistical effect of boldness on survival does not appear to be due to reduced  
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43 341 variance in the predictor variable among males compared to females.

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46 342 One possibility is that boldness covaries with other personality traits, i.e. that it concurs to a  
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48 343 behavioral syndrome, and that these other traits are actually under sex-dependent selection during  
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50 344 the annual life cycle. Boldness has been shown to covary with other personality traits along the  
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52 345 reactive-proactive behavioral axis of variation like aggressiveness and exploratory behavior  
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3 346 (Verbeek et al. 1996; Sih et al. 2004; Groothuis and Carere 2005). In the barn swallows there is  
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5 347 indirect evidence that this could also be the case, because melanization of the ventral plumage  
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7 348 positively covaries with both boldness (present study) and dispersal propensity (only males; Saino  
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9 349 et al. 2014), which may be a proxy for exploratory behavior. In addition, females have larger  
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11 350 dispersal propensity than males (Møller 1994; Turner 2006; Saino et al. 2014). We may thus  
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13 351 speculate that sex-dependency in the relationship between survival and boldness rests on sex-  
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15 352 dependent variation in the relationship between exploratory behavior, or other personality traits, and  
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17 353 survival.

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20 354 Alternatively, males and females may differ in the resolution of trade-offs between boldness and  
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22 355 other life-history traits. For example, bolder 1-year old females may have larger odds of annual  
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24 356 survival but lower reproductive success, whereas the relationship between boldness and  
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26 357 reproductive success may be weaker in males (see Patrick and Weimarskirch 2015).

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29 358 Independently of the mechanisms that cause sex-dependency in the association between survival  
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31 359 and personality, the present results are relevant to the interpretation of the mechanisms that  
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33 360 maintain variation in personality traits because they suggest that selection may have divergent or  
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35 361 even antagonistic effects on personality in either sex and therefore promote genetic variation at  
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37 362 these traits. To the best of our knowledge, this is the first time that this hypothesis has been made  
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39 363 explicit.

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43 364 Indeed, one common theme in evolutionary studies of personality traits is what mechanisms are  
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45 365 involved in the maintenance of individual variation. Some studies have shown that individual  
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47 366 variation in personality is at least partly genetic in nature, and both additive and non-additive  
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49 367 genetic variation in personality traits has been documented both in parent-offspring resemblance  
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51 368 analyses and in artificial selection studies (e.g. Koolhaas et al. 1999; Dingemanse et al. 2002; Drent  
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53 369 et al. 2003; Dochtermann et al. 2015; see Baugh et al. 2017). Such genetic variation may be  
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55 370 maintained under temporal and spatial variation in selection on personalities (Réale and Festa-

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3 371 Bianchet 2003; Dingemanse and Réale 2005). At present, whether variation in personality of barn  
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5 372 swallows has a genetic component still has to be elucidated. However, the present study shows that  
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7 373 the relationship between annual survival, which is a major determinant of lifetime reproductive  
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9 374 success via its effect on longevity and thus on the lifetime number of reproductive events (Costanzo  
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11 375 et al. 2017), and boldness did not vary among study years when annual survival was shown to  
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13 376 differ. Hence, the relationship between survival and boldness did not differ among years when  
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15 377 ecological conditions varied to an extent that caused variation in survival. In addition, the  
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17 378 relationship between survival and boldness did not vary among study colonies that differed in size  
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19 379 and also in breeding habitat. The effects of both year and colony on the slope of the relationship  
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21 380 between survival and boldness were far from statistical significance. Hence, the present study does  
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23 381 not lend support to the hypothesis that variation in personality is maintained by temporal and spatial  
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25 382 variation in selection, although we cannot exclude that a study based on an even larger number of  
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27 383 years and colonies could disclose conditions under which this relationship is markedly affected.

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31 384 Melanization positively predicted boldness, and this relationship was similar in either sex. Several  
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33 385 studies have shown an association between personality traits and melanin-based coloration (Roulin  
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35 386 2004; Ducrest et al. 2008; Roulin and Ducrest 2011; see also *Introduction*). In most instances,  
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37 387 darker, more melanized individuals have been shown to have more proactive as compared to  
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39 388 reactive behavioral syndromes (e.g. Koolhaas et al. 1999; Sih et al. 2004; Mateos-Gonzalez and  
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41 389 Senar 2012, and references therein). The present results were therefore expected based on existing  
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43 390 knowledge on diverse vertebrate species.

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47 391 One mechanism potentially linking melanization to personality traits is mediated by the  
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49 392 melanocortin system, which has pleiotropic physiological effects on melanin biosynthesis and with  
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51 393 the expression of behavioral traits, including aggressiveness and sexual behavior, via an interaction  
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53 394 between the post-transcriptional products of the POMC gene and proopiomelanocortin receptors  
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55 395 (Ducrest et al. 2008). The observation that darker individuals are bolder and more aggressive (i.e.

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3 396 proactive) has been considered to be consistent with the observation that darker individuals are  
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5 397 better able to cope with social stress, as reflected by lower circulating corticosterone levels and by  
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7 398 lower activation of the HPA-axis following a stressful event (Almasi et al. 2010). However, in the  
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9 399 barn swallow, paler, rather than darker individuals have lower basal corticosterone levels and  
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11 400 provide smaller response to acute stress, although the relationships between coloration and  
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13 401 corticosterone levels were found to depend on experimentally altered parental effort (Saino et al.  
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15 402 2013). We may therefore expect that darker individuals, being more susceptible to activation of the  
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17 403 HPA-axis under stress, pay a physiological cost for their proactive coping style.

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20 404 In the barn swallow, natal dispersal has been also shown to be positively predicted by melanization,  
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22 405 in that individuals that do disperse from their natal colony are darker than those that do not disperse  
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24 406 (Saino et al. 2014; see also above). There is therefore evidence that also in the barn swallow, like in  
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26 407 other species, dispersal and boldness concur to a behavioral syndrome that covaries with  
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28 408 melanization, although the hypothesis of a relationship between behavioral traits in this species still  
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30 409 awaits direct empirical testing. In addition, in some geographical populations of this species, which  
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32 410 has a Holarctic distribution, melanin-based coloration has been shown to be under directional  
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34 411 female mate preference (Turner 2006; Romano et al. 2017). The present results therefore suggest  
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36 412 that plumage melanization may reliably reflect male personality traits to prospecting females, and  
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38 413 that by preferring darker males females exert correlated selection on male personality (see Schuett  
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40 414 et al. 2010).

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44 415 In conclusion, we showed that boldness predicts survival of female but not male barn swallows,  
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46 416 although the processes that contribute to such sex-dependency still remain to be elucidated. Spatial  
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48 417 and temporal variation in selection on boldness is unlikely to maintain the observed variation in this  
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50 418 personality trait. Finally, consistently with the general patterns observed in vertebrates, more  
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52 419 melanized individuals of both sexes were bolder, suggesting that female mate preference for more  
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420 melanized individuals may in fact reflect preference for boldness or other correlated behavioral  
421 traits of males.

For Review Only

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3 634 **Figure Legends**  
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8 636 Figure 1. Predicted survival of male and female barn swallows (surviving = 1, not surviving = 0) in  
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10 637 relation to boldness. The numbers of overlapping data points is shown. Full squares represent  
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12 638 predicted survival values according to the model in Table 1. Open squares indicate the 95%  
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14 639 confidence limits of the predicted values. Females, but not males with larger boldness were  
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16 640 significantly more likely to survive.  
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21 642 Figure 2. Boldness score of male and female barn swallows in relation to the ‘visible’ coloration of  
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23 643 ventral plumage. Mean and standard error bar for coloration ( $\theta$  value) are shown together with the  
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25 644 number of overlapping data points.  
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31 646 Figure 3. Relative frequency distribution of boldness scores of male (n = 200) and female (n = 184)  
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33 647 barn swallows. Males were on average bolder than females (see Table 1).  
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649 Table 1. Binomial linear mixed model of survival of barn wallows in relation to boldness score  
 650 (covariate), sex and their two-way interaction. The random model included the random effect of  
 651 colony and its effect was tested by likelihood ratio test.

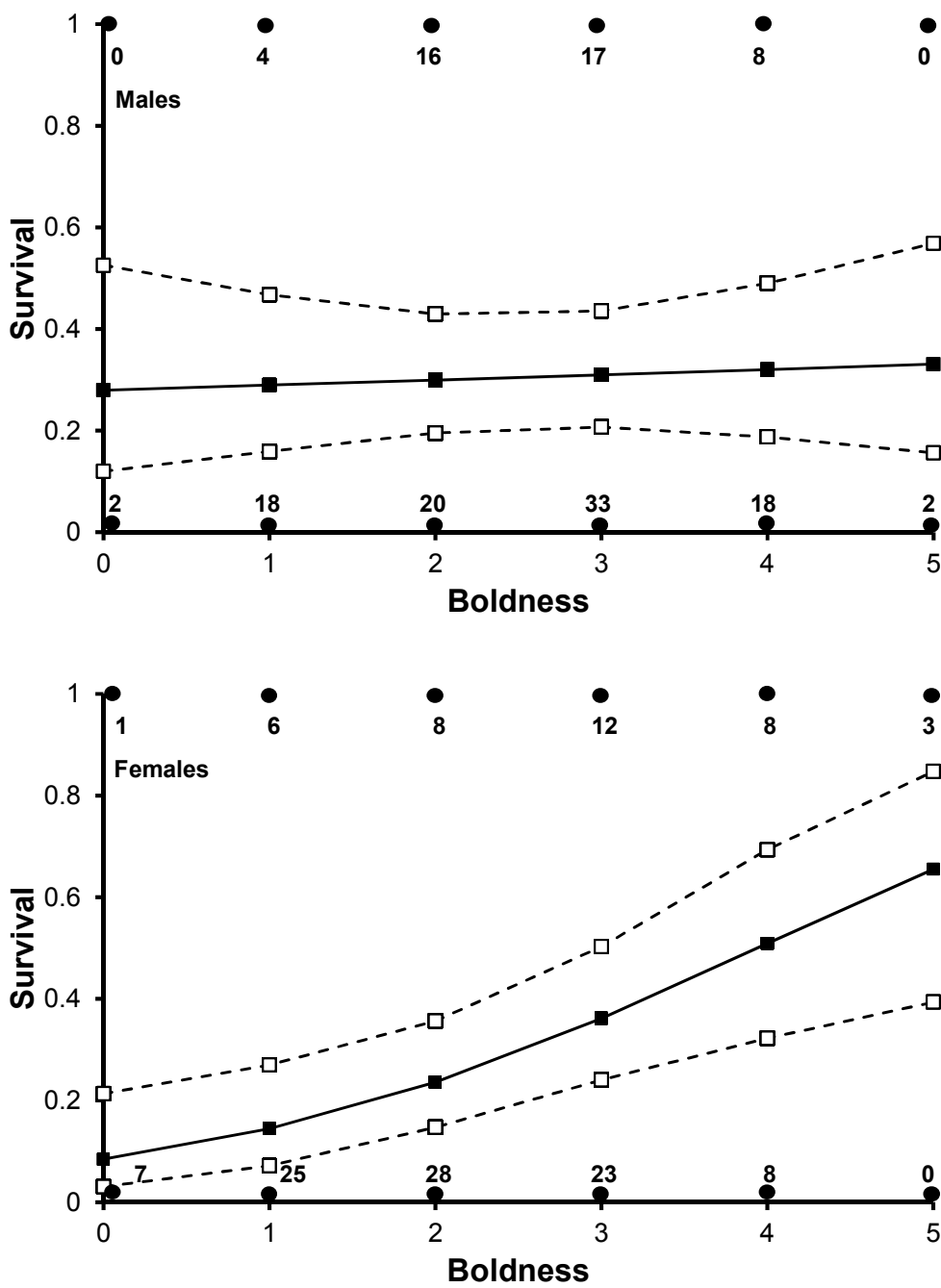
	$\chi^2$	<i>F</i>	<i>df</i>	<i>P</i>	Coefficient (SE)	
Farm	5.27			0.0217		
Boldness		6.46	1,257	0.0116		
Sex		4.05	1,257	0.0453		
Boldness × Sex		4.65	1,257	0.0319	Males:	0.05 (0.18)
					Females:	0.61 (0.19)*

661 \*:  $t = 3.22$ ,  $P = 0.0014$ .

663 Table 2. Separate multinomial regression models of boldness during handling on the tetrahedral  
 664 components of plumage coloration of barn swallows. In the models we initially included sex, year  
 665 and colony as factors, individual coloration components as covariates, and the interaction between  
 666 sex and the coloration component. The statistically non-significant effects of colony and of the  
 667 interaction between coloration and sex were then excluded from the model. The negative sign of the  
 668 coefficient for the  $\theta$  component implies that darker individuals were bolder because darkness  
 669 decreases with  $\theta$ .

		<i>Wald <math>\chi^2</math></i>	<i>df</i>	<i>P</i>	Coefficient (SE)
674	Year	16.43	3	0.0009	
675	Sex	9.91	1	0.0016	
676	$\theta$	12.61	1	0.0004	-6.23 (1.75)
678	Year	11.86	3	0.0079	
679	Sex	13.50	1	0.0002	
680	$\varphi$	4.56	1	0.033	2.74 (1.28)
682	Year	21.16	3	<0.0001	
683	Sex	12.27	1		
684	rA	9.18	1		4.97 (1.64)

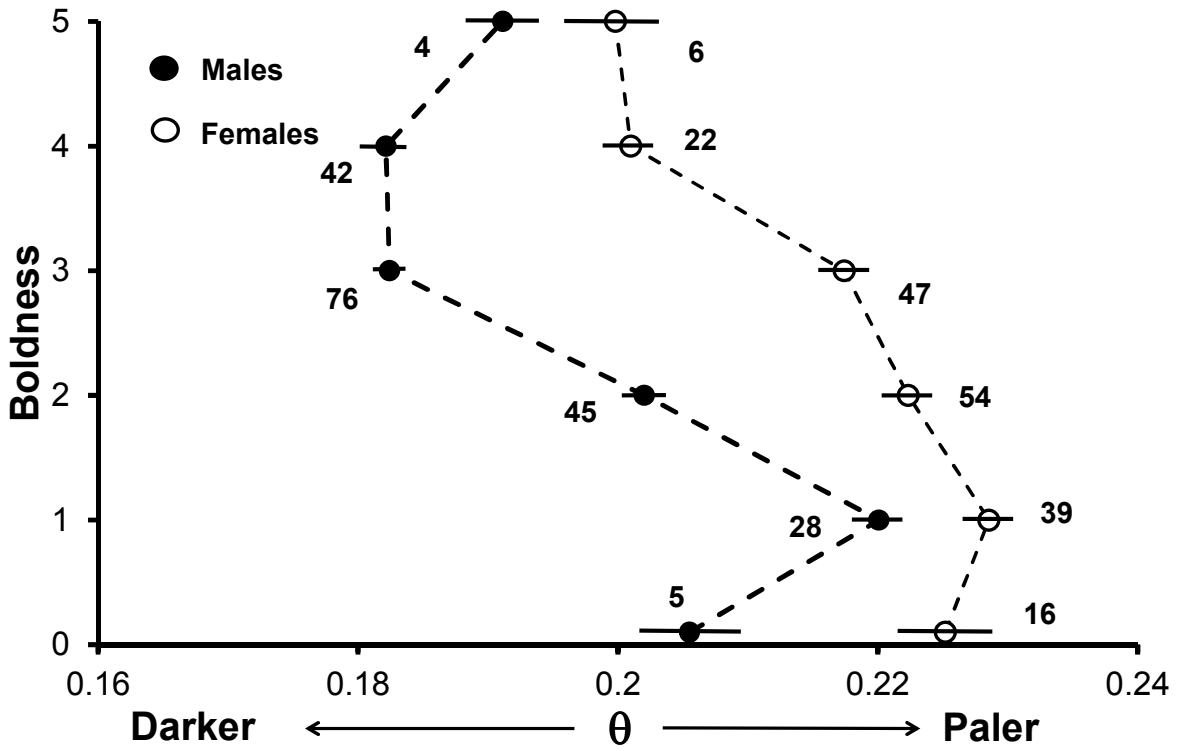
687 **Figure 1**



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690 **Figure 2**

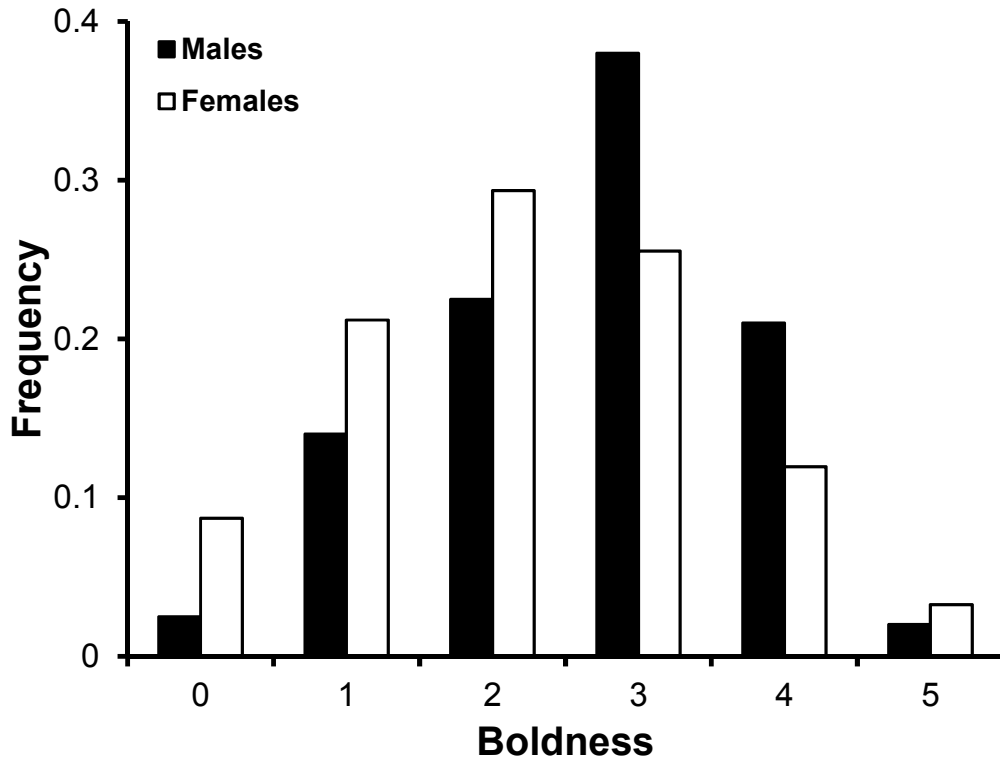


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693 **Figure 3**



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